

## Surgery Center Pre-Operative Instructions

Please review carefully. Not following these instructions may result in your surgery being delayed, cancelled, or rescheduled.

1. **Nothing to eat or drink after midnight**, the night before surgery (including water).
2. **Arrive at your assigned arrival time**. We will contact you with this information.
3. Enter through the Surgery Center front door and press the lobby button to alert staff.
4. Wear loose, comfortable clothing. Storage space is limited—do not bring unnecessary items.
5. Bring **two forms of ID**:
  - Your driver's license
  - One additional form of ID (preferably not a credit card)Your spouse/partner/visitor only needs to bring their driver's license.
6. Leave all valuables, jewelry, and money at home.
7. Please arrange childcare if you have small children.
8. Shower with antibacterial soap the night before or the morning of surgery.
9. Bring a current list of all medications and dosages.
10. Take prescription medications as directed, then stop all medications after midnight unless cleared by your physician or prescribed for high blood pressure.
11. If you are diabetic or asthmatic, bring your medication with you.
12. Fill any prescriptions given by your physician prior to your surgery date.
13. You will receive an IV with fluids and sedative medication.
14. You must have a responsible adult drive you home and remain available during your procedure. **Taxi, Uber, or Lyft are not permitted**.
15. If you receive sedation or pain medication, you must have someone stay with you the first night after surgery.
16. A Surgery Center representative will contact you **the day before surgery** to review instructions.

If you are not reached, call **(813) 989-0120** after hours and follow the prompts for surgical patients.