



**MESA/TESE/Vasovasostomy with or without Cryopreservation of sperm  
PRE OPERATIVE INSTRUCTIONS**

\*\*\*\*\*

1. No food or water after midnight the night before surgery. Eating or drinking after midnight may result in your surgery being cancelled or rescheduled.
2. Please arrive at the Surgery Center one (1) hour before the time of your surgery
3. Enter the front door on the surgical side of the building and press the "lobby" button by large window so someone will know that you have arrived.
4. Wear loose comfortable clothing. There is limited storage space, so please do not bring any unnecessary items.
5. Remember to bring driver's license and second form of ID for yourself and the driver's license for your spouse/partner.
6. Please leave all valuables, jewelry and money at home. However, please remember your financial obligations if you have made arrangements to pay for your services on the day of your surgery.
7. If you have small children, it is recommended that you arrange for childcare that day.
8. You will be in a clean environment. Please be sure to be freshly showered and cleaned with an antibacterial soap.
9. Please bring a list of all medications and the dosages/amounts you are currently taking. If you are diabetic or asthmatic, bring your medication with you.
10. Take medications prescribed by your surgeon as directed. Discontinue any other medications after midnight unless cleared by your surgeon or if the medication is used to treat high blood pressure.
11. If you have prescriptions for medications to take after surgery that your surgeon has given you, please have it filled before your date of surgery.
12. You may/will have an intravenous needle inserted and receive fluids and some sedative medication.
13. If you have any sedation or pain medication while at the Center, including those given by mouth, you will need someone to stay with you the first night after surgery.
14. You will need someone to drive you home after surgery and we recommend that they or someone else stay at the center during your procedure. If both partners are undergoing procedures on the same day, arrangements with a friend or family member must be made. **Taxi cab arrangements are not acceptable.**
15. The day before surgery, someone from the Surgery Center will contact you to go over the pre-op instructions with you. If we are unable to reach you for any reason before the end of the business day, you can call our office line after hours at (813) 989-0120. Follow the prompts for surgical patients and you will receive an automated summary of your instructions.
16. Other instructions: **Pre-Op Testing**, including RMG ART Laboratories requirements for cryopreservation (**HIV I & II, HTLV I & II, Hep B surface antigen, Hep C antibody, RPR, ABO RH**)

