

2020

minno

WOW &
WONDER

Summer Family Games



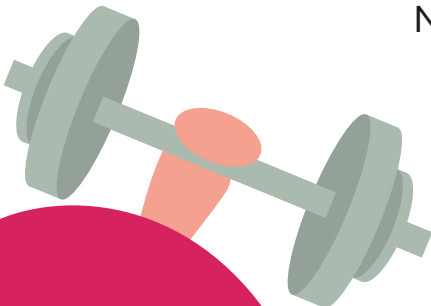


2020 Minno Wow and Wonder Summer Family Games

The 2020 Summer Olympics are canceled but fun doesn't have to be! Use this Minno Summer Family Games kit to plan your own, at home! Compete in popular games such as Cookie Face, Nose Dive, and Blindfolded Bowling and see who takes the **GOLD** in each event!

Use the pre-set calendar in this pack for your Family Summer Games or make your own schedule using the event cut outs included.

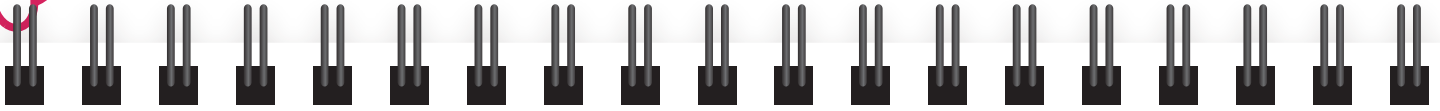
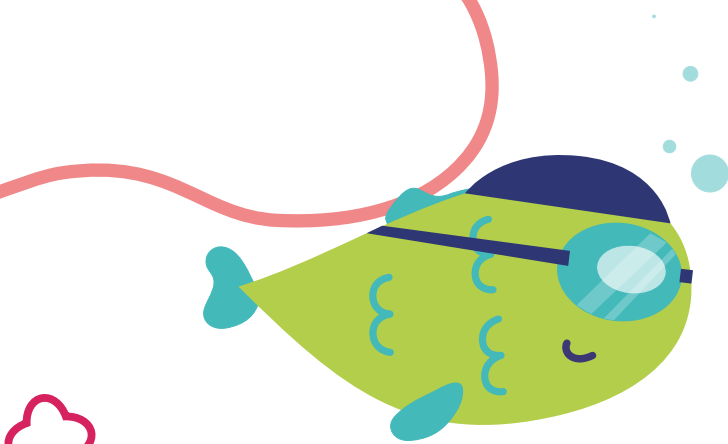
Use the hashtag **#MinnoWonderSummer** to share your family games and check in with other Minno families!



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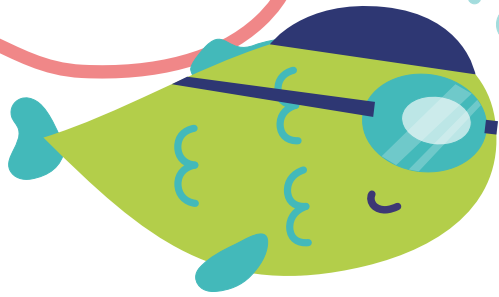
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Summer Family Games Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					July 31 Opening Ceremony	Aug 1 Cookie Face
Aug 2 Human Ring Toss	Aug 3 Go Fish!	Aug 4 Bubble Drop	Aug 5 Penny Stack	Aug 6 Crab Walk Race	Aug 7 Cup Stack	Aug 8 Potato Roll
Aug 9 Keep it Up	Aug 10 Pasta Pick Up	Aug 11 Wrap It Up	Aug 12 Three-Legged Race	Aug 13 Nose Dive	Aug 14 Blindfolded Bowling	Aug 15 Bible Balance
Aug 16 Closing Ceremony						



Create Your Own Summer Family Games Schedule

Cut out each event and add them to your personal calendar so you can play at your own pace!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Opening Ceremony	Cookie Face
Human Ring Toss	Go Fish!	Bubble Drop	Penny Stack	Crab Walk Race	Cup Stack	Potato Roll
Keep it Up	Pasta Pick Up	Wrap It Up	Three-Legged Race	Nose Dive	Blindfolded Bowling	Bible Balance
Closing Ceremony						

Summer Family Games Instructions

Cookie Face

What You'll Need:

- Cookies (Small and round like Oreos or Nilla Wafers)
- Timer

Goal:

Be the first to get the cookie in your mouth without using your hands!

How to Play:

1. Give each player a cookie.
2. Players tilt their head back and place the cookie on their forehead.
3. If playing one at a time, the player will have 60 seconds to get the cookie from their forehead to their mouth without using their hands.
4. If playing as a race, the first person to get the cookie from their forehead to their mouth wins!

Human Ring Toss

What You'll Need:

- 2 Hula Hoops
- Tape or Cones

Goal:

Be the first player to ring your teammate with the hula hoop.

How to Play:

1. Mark or tape two lines on the floor, 6-8 feet apart.
2. Split players into teams of two.
3. One player from each team stands on each line.
4. Players toss the hula hoop across to their teammate and try to "ring" them. Players can maneuver their bodies to catch the ring but may not step off of the line.
5. Play continues back and forth between teammates until the hula hoop lands around a players body.
6. The first team to get a "ring" wins!

Go Fish!

What You'll Need:

- Straws
- Goldfish
- Timer
- Plates

Goal:

Be the player with the most goldfish moved from one plate to another without using your hands.

How to Play:

1. Give each player a straw and two plates, one with 20 goldfish on it.
2. Instruct each player to move the goldfish to the other plate by sucking them up to the end of the straw.
3. Start a 60-second timer.
4. The player who has moved the most goldfish to the other plate wins!

Bubble Drop

What You'll Need:

- Ping Pong Balls
- Plastic Spoons
- Tape or Cones

Goal:

Be the first team to have all players cross the finish line without dropping their ping pong ball.

How to Play:

1. Mark or tape two lines on the floor, 8 feet apart.
2. Split up into teams of two or more people. Teams stand behind the starting line.
3. Give a spoon to every player. Give a ping pong ball to the person at the front of each line.
4. Players walk one at a time to the finish line with the handle of the spoon in their mouth, carrying the ping pong ball in the head of the spoon. If they drop the ping pong ball, they must start over at the starting line.
5. Once the player crosses the finish line, they must run back to the starting line.
6. The player passes the ping pong ball to the next player who begins at step 4.
7. This continues until every player from a team crosses the finish line with the ping pong ball in the spoon.
8. The first team to complete the race is the winner of the game!

Penny Stack

What You'll Need:

- 50 Pennies per Player
- A Table or Bowl
- Timer

Goal:

Stack as many pennies as you can with one hand.

How to Play:

1. Gather pennies and put them in a bowl or on a table.
2. Have players put one hand behind their backs.
3. Start a 60-second timer.
4. Have each player begin stacking pennies on top of each other, using one hand.
5. Once the timer goes off, count to see who has the highest tower of pennies. The person who stacked the most pennies is the winner!

Crab Walk Race

What You'll Need:

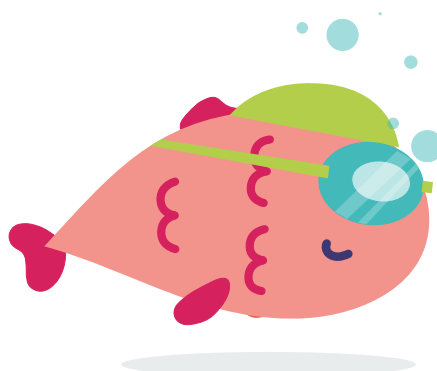
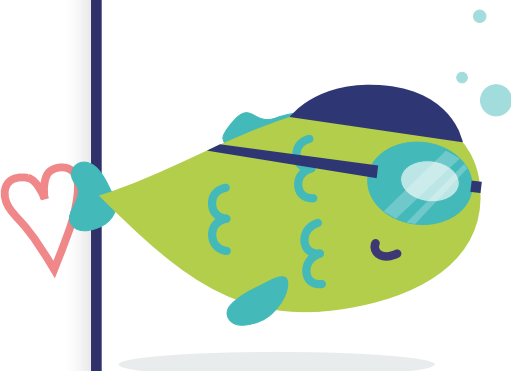
- Tape or Cones

Goal:

Be the first to reach the finish line.

How to Play:

1. Mark or tape two lines on the floor, 12 feet apart.
2. Have the players crab crawl from one line to the other.
3. The first person to the finish line is the winner!



Cup Stack

What You'll Need:

- A Stack of 36 Plastic Cups
- Timer

Goal:

Be the first to completely stack and unstack 36 cups into a pyramid.

How to Play:

1. Start the timer.
2. Have the first player stack and unstack the cups as fast as they can.
3. Repeat with every player.
4. Whoever stacked the fastest wins!

Potato Roll

What You'll Need:

- Tape or Cones
- One Potato for Every Player

Goal:

Be the first to roll your potato across the finish line with your nose.

How to Play:

1. Mark or tape two lines on the floor, 3 feet apart.
2. Time how long it takes each player to roll their potato from the starting line to the finish line with just their nose.
3. Whoever rolls the potato fastest without rolling it beyond the line wins!



Keep it Up

What You'll Need:

- Several Balloons
- Timer

Goal:

Be the team to keep the balloon in the air the longest.

How to Play:

1. Throw the balloon to the first team and start the timer.
2. Have the team keep the balloon in the air for as long as they can. If one balloon is too easy, you can add another one for more difficulty.
3. Repeat this with every team.
4. The team that kept the balloon up the longest wins!

Pasta Pick Up

What You'll Need:

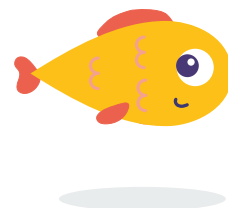
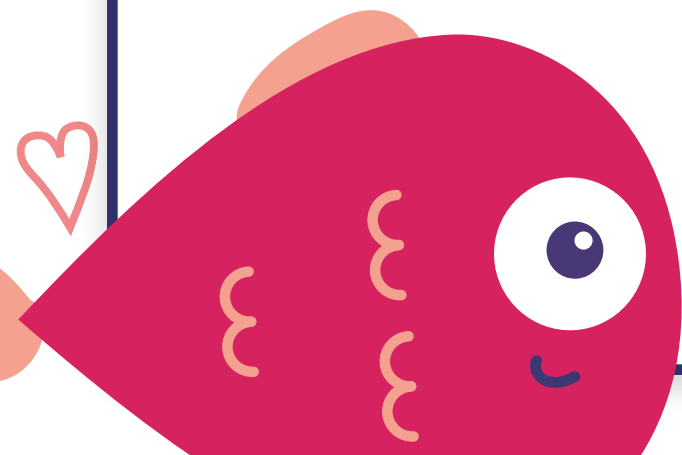
- Dry Spaghetti
- Dry Penne
- Timer

Goal:

Pick up the most penne pasta using only a piece of dry spaghetti.

How to Play:

1. Give each player ten pieces of penne pasta and one piece of spaghetti.
2. Instruct players to pick up the uncooked pieces of penne pasta with the spaghetti without using their hands.
3. Start a 60-second timer.
4. The player with the most penne on their spaghetti wins!



Wrap It Up

What You'll Need:

- Rolls of Toilet Paper (or Streamers)
- Timer

Goal:

Wrap your partner in toilet paper the best that you can.

How to Play:

1. Split up your players into pairs.
2. Give each pair a few rolls of toilet paper.
3. Instruct the pairs to wrap one player in toilet paper.
4. Start a 60-second timer.
5. Judge the toilet paper mummies. Look for creativity and coverage. Whoever wrapped the best wins!

Three-Legged Race

What You'll Need:

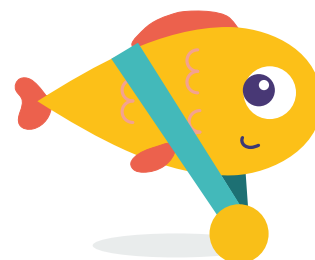
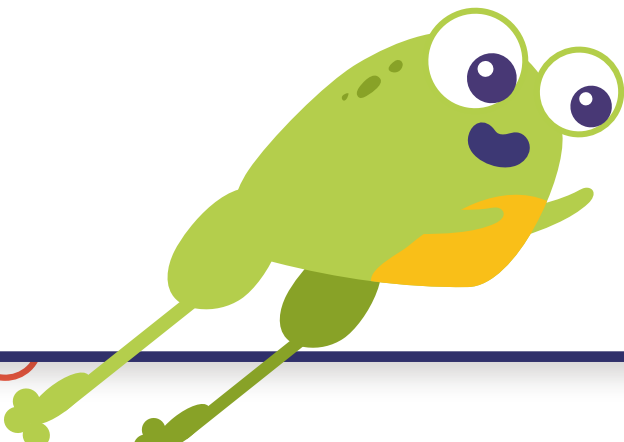
- Ribbon, Long Piece of Cloth, or Rope
- Tape or Cones

Goal:

Be the first to cross the finish line, still attached to your partner.

How to Play:

1. Mark or tape two lines on the floor, 10-12 feet apart.
2. Split players into pairs and tie one player's right foot to the other player's left foot.
3. Have players start at the starting line and race to the finish line.
4. The team to cross the finish line first wins!



Nose Dive

What You'll Need:

- Paper Plates
- Cotton Balls
- Petroleum Jelly

Goal:

Be the first to move 5 cotton balls from one plate to another.

How to Play:

1. Place 2 plates in front of each player.
2. Put 5 cotton balls on one of each person's plate.
3. Dab petroleum jelly on each player's nose and instruct them to move the cotton balls to the second plate with only their nose.
4. Whoever moves all five cotton balls first wins!

Blindfolded Bowling

What You'll Need:

- Paper Cones, Empty Water Bottles, or Paper Towel Rolls
- Blindfold
- A Ball
- Timer

Goal:

Knock over all the pins in the least amount of tries while blindfolded.

How to Play:

1. Set up the bowling "pins".
2. Set a 60-second timer.
3. Have the first player try to knock over all the pins while blindfolded. Retry until they knock all the pins over or the timer runs out.
4. Repeat with each player.
5. Whoever takes the least amount of tries to knock all of the pins over wins!



Bible Balance

What You'll Need:

- Several Bibles or Books
- Tape or Cones

Goal:

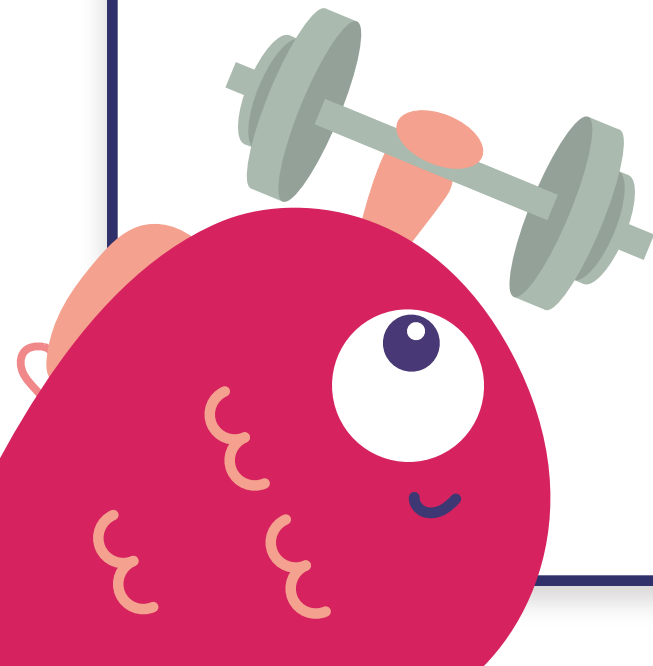
Be the first to cross the finish line without dropping your Bible.

How to Play:

1. Mark or tape two lines on the floor, 6 feet apart.
2. Give each player a Bible and instruct them to balance it on their heads.
3. Have them start at the starting line and race to the finish line.
4. Whoever crosses the finish line first with their Bible still on their head wins!

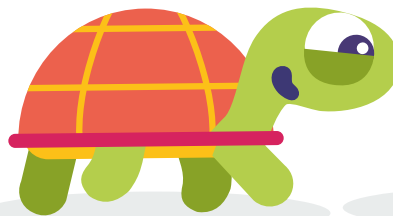
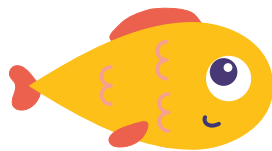
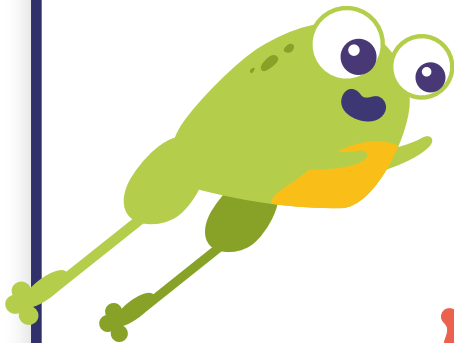
Don't forget to take pictures of your family games
and share on social media using the hashtag

#MinnoWonderSummer





Family Summer Games 2020



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Event Scorecards

Event: **Cookie Face**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Human Ring Toss**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Go Fish!**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Bubble Drop**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event Scorecards

Event: **Penny Stack**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Crab Walk Race**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Cup Stack**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Potato Roll**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event Scorecards

Event: Keep it Up

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: Pasta Pick Up

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: Wrap It Up

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: Three-Legged Race

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event Scorecards

Event: **Nose Dive**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Blindfolded Bowling**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: **Bible Balance**

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Event: _____

Date: _____

Location: _____

Competitor	Score

Event Winners:

1st Place _____

2nd Place _____

3rd Place _____

Minno Summer Family

Event	1st Place
Cookie Face	
Human Ring Toss	
Go Fish!	
Bubble Drop	
Penny Stack	
Crab Walk Race	
Cup Stack	
Potato Roll	
Keep it Up	
Pasta Pick Up	
Wrap It Up	
Three-Legged Race	
Nose Dive	
Blindfolded Bowling	
Bible Balance	

Games Scoreboard

2nd Place

3rd Place

*Print and tape these pages together and hang your family scoreboard!

And let us
run with
endurance
the race God
has set
before us.

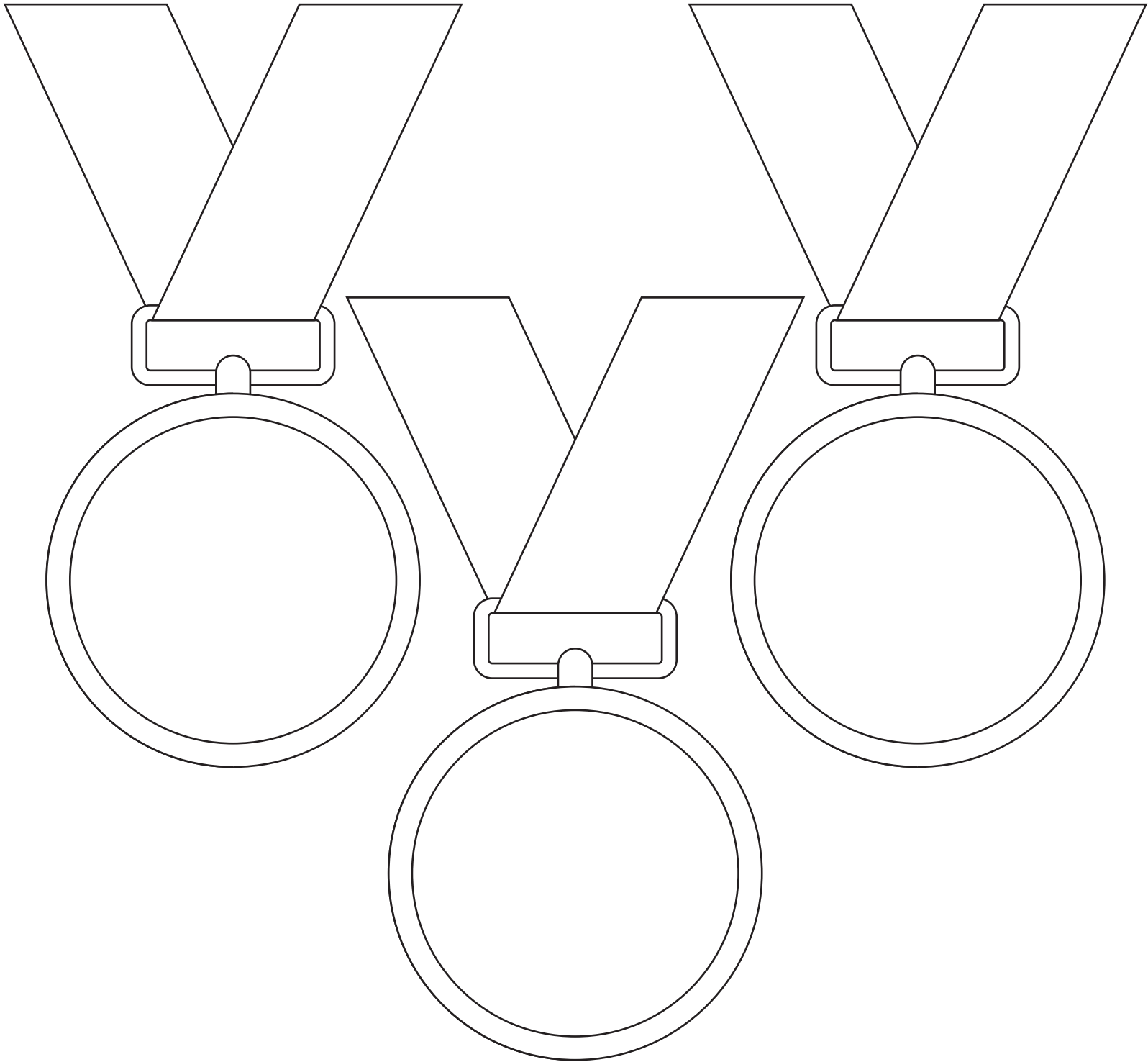
Hebrews 12:1 (NLT)



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Create Your Own Medals





Family Discussion Guide

BIBLE VERSE

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith."

Hebrews 12:1-2a NLT

The Bible uses word pictures often to help us understand big ideas. In a few places, Paul used the ideas of running a race or training in sports to teach what it means to live a life of faith. Our Bible verse from Hebrews 12 can be explained this way: Our lives are like a race and we are the athletes. We train for the race by reading our Bible, worshipping, and talking to God in prayer. We need to watch out for those things that trip us and keep us from running our best race. And finally, we must always keep our eyes on Jesus, because He is always with us, cheering us on toward the finish line.

BIG IDEAS

Metaphors - Metaphors are word pictures that are used in stories and other writing to help the reader understand a big idea by relating it to something they already know. Bible writers used metaphors in many places. In the New Testament, the Apostle Paul used the idea of training or competing in a race to represent our faith.

Witnesses - In Hebrews 12, the writer used the word witness to explain the many people who have come before us (Bible leaders, pastors, parents, friends, etc.) that help us, by their example, to live God's way. Think of these witnesses as your personal cheering section!

Endurance - To endure means to push through a hard or unpleasant situation without giving up. There are many times we need to do hard things, especially if we're trying to live God's way. The Bible says when we run with endurance—without giving up—we'll finish the race and win the prize of eternal life with God!

Faith - All of this talk about running the race is not actually about running a race at all, but rather, about living a life of faith. Faith is complete trust or confidence in something or someone. When we have faith (or trust) in God, we choose to live His way, according to what the Bible says. Our race to live God's way may be hard at times, but He will give us the strength we need to win!



DISCUSSION QUESTIONS

1. What do you think it means to be surrounded by a "huge crowd of witnesses"?
2. How do you think our life of faith is like a race or an Olympic event?
3. What are some of the things that can slow us down?
4. What can we learn from successful athletes about how to run a good race?
5. What does it look like to spiritually "train" ourselves?
6. What are some ways we can focus our eyes on Jesus?

READ FOR FURTHER DISCUSSION:

1 Corinthians 9:24-27
Philippians 3:12-14
Philippians 4:13

PRAY:

Dear God, thank You for giving us everything we need to run a good race! Please help us to grow in strength and endurance as we train by reading the Bible, worshipping, and talking to You in prayer. We know this race isn't about winning but about reaching the finish line with our eyes on Jesus. Amen.

