

# FITEQ NEWSLETTER

## SPECIAL EDITION



### FITEQ UPDATES ITS ONLINE EDUCATION PLATFORM WITH MULTILINGUAL ACCESS

FITEQ has updated its Online Education Platform with multilingual access. Launched in September 2020 to support the development of athletes, coaches and referees, this platform will help continue to build organisational capacity and awareness across the world's fastest growing sport.

The content of the online 'Referee Level C' and the 'Coaching Level Intro' modules are accessible in the following languages: English, French, Spanish, German, Russian, Arabic and Chinese.

**Become a teqball coach** by completing the 'Coaching Course Level Intro' to recruit, train and manage the teqball superstars of the future! Change the lives of youngsters and show them the path to becoming a global teqball superstar!

**Become a teqball referee** by learning the basics of officiating. Complete the 'Referee Course Level C' online and train hard to become the most successful teqball referee in the history of the sport. Travel the world and represent teqball all around the globe!

**3-times teqball World Champion, Ádám Blázsovics also recommends the online education platform after successfully completing the online coaching course:**

*"In my opinion, it's really important to deliver well-planned training sessions. If we don't follow our own training plans, it's becomes really hard to go step-by-step systematically. During our training sessions we always choose drills targeted at achieving the main objectives (Goal 1 and Goal 2) and then we try to execute these with as much practice as possible. We also can't emphasise enough that stretching at the end of the training sessions is the key to reach the flexibility required by this sport. Complying with these principles lead us on the way to coming up with something new and exciting, helping us stay at the top level."*

**His doubles partner; Csaba Bányik, also recommends the online course after completing the online coaching course:**

*"In such a fast-growing sport like teqball, the players need to improve very quickly to keep pace with the top players. To achieve this, it's undoubtedly a necessity to have highly qualified coaches who are also willing to learn. I really hope that many more players undertake this online course so they gain transferable knowledge for their future coaching activities."*

During the COVID-19 pandemic, FITEQ is working hard to provide all athletes, referees and coaches with detailed knowledge about teqball, which is essential to ensure the development of the sport during these hard times.

To access the Online Education Platform:

[CLICK HERE](#) 

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