

# UNPLAN YOUR TRIP

## Alabama's Central Region

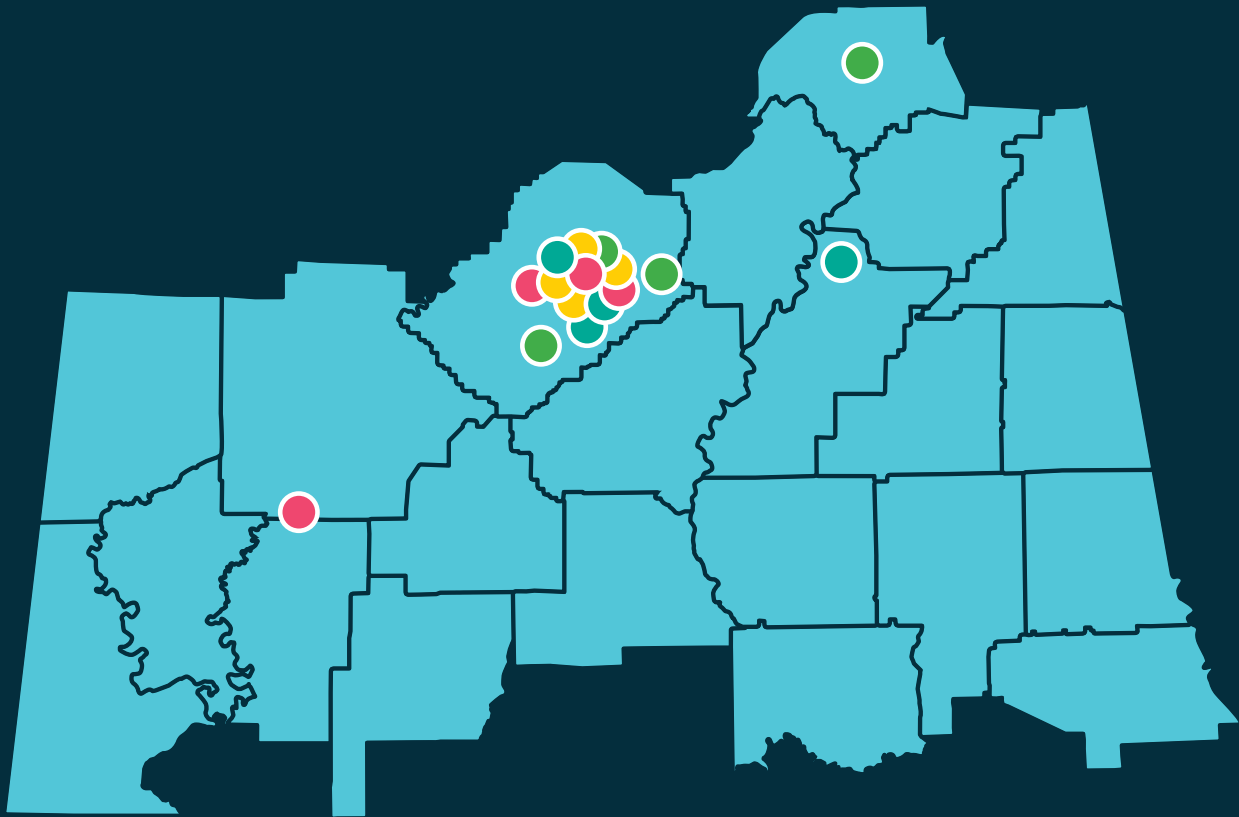


***Sweet Home Alabama***

## ALABAMA'S CENTRAL REGION

This isn't your typical travel guide. Instead of telling you exactly where to go and when, we're giving you the ingredients for discovery.

Pick an UnPlanned Path and uncover hidden gems between your scheduled stops.



## What Do You Have Planned?

Click a category and go beyond your scheduled must-sees. Local secrets and surprises are waiting to be discovered!



### ARTS & ENTERTAINMENT

Hidden treasures [Page 3](#)



### FOOD & NIGHTLIFE

Sweet surprises [Page 5](#)



### SPORTS & ADVENTURE

Unexpected stories [Page 4](#)



### HISTORY & CULTURE

Unpredictable adventures [Page 6](#)

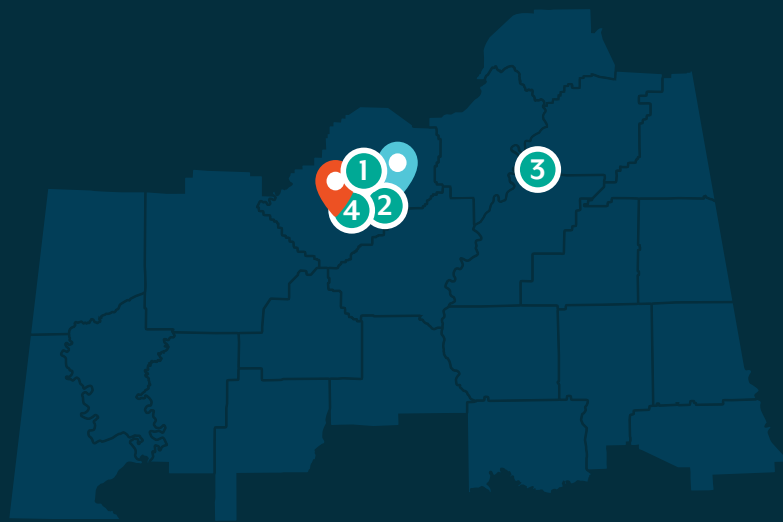
## ARTS & ENTERTAINMENT

**YOU PLANNED** for showstopping performances and home run hits. But Alabama had some hidden headliners...

### Planned Stops

 LYRIC FINE ARTS THEATRE

 REGIONS FIELD



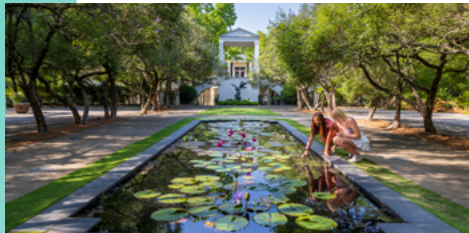
### UnPlanned Discoveries



#### 1 YOU FIND THE MCWANE SCIENCE CENTER

This hands-on playground features interactive exhibits, an aquarium and an IMAX Dome theater.

 Website  @mcwanescience



#### 2 YOU DISCOVER THE BIRMINGHAM BOTANICAL GARDENS

With breathtaking scenery of seasonal blooms, these grounds offer 67 acres of year-round natural entertainment.

 Website  @bbgardens



#### 3 YOU STUMBLE UPON THE TALLADEGA SUPERSPEEDWAY

This legendary racetrack offers behind-the-scenes tours, racing experiences and the thrill of speed at 200 mph.

 Website  @talladega



#### 4 YOU UNCOVER THE ROTARY TRAIL

This four-block pathway is Birmingham's most photogenic spot, featuring colorful murals and city views that create the perfect backdrop.

 Website

### IMPROMPTU PIVOTS

**Shows Sold Out?** Visit Railroad Park and look for an outdoor concert or community event.

**Rain Delay?** Head to Barber Vintage Motorsports Museum for high-speed indoor entertainment.

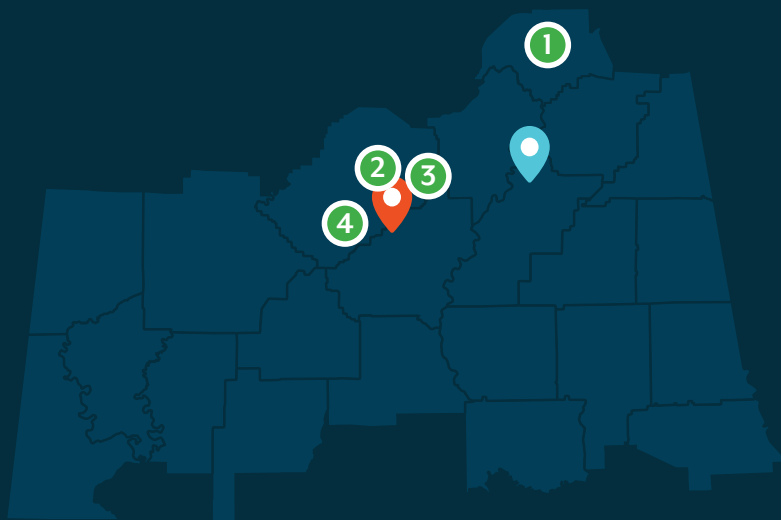
## SPORTS & ADVENTURE

**YOU PLANNED** for top-speed thrills and scenic waterfalls. But Alabama had a different game plan...

### Planned Stops

 TALLADEGA SUPERSPEEDWAY

 PEAVINE FALLS



### UnPlanned Discoveries



#### 1 YOU SPOT NOCCALULA FALLS PARK

Climb and explore this 90-foot waterfall that delivers adventure at every turn.

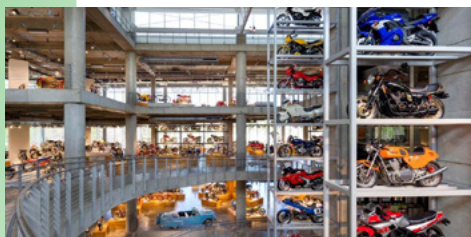
 Website  @noccalulafalls



#### 2 YOU UNCOVER REGIONS FIELD

This downtown ballpark swings for the fences with exciting baseball action, cold beer and major energy.

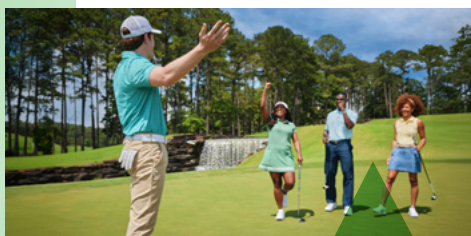
 Website



#### 3 YOU DISCOVER BARBER MOTORSPORTS PARK & MUSEUM

Race the professional circuit, test your skills and experience some world-class motorsports.

 Website  @barbermotorpark



#### 4 YOU FIND RTJ ROSS BRIDGE GOLF COURSE

This Robert Trent Jones course rewards every swing with 18 holes of scenic views and strategic play.

 Website

### IMPROMPTU PIVOTS

**Too Hot?** Beat the heat at House of Found Objects for indoor games and cold drinks.

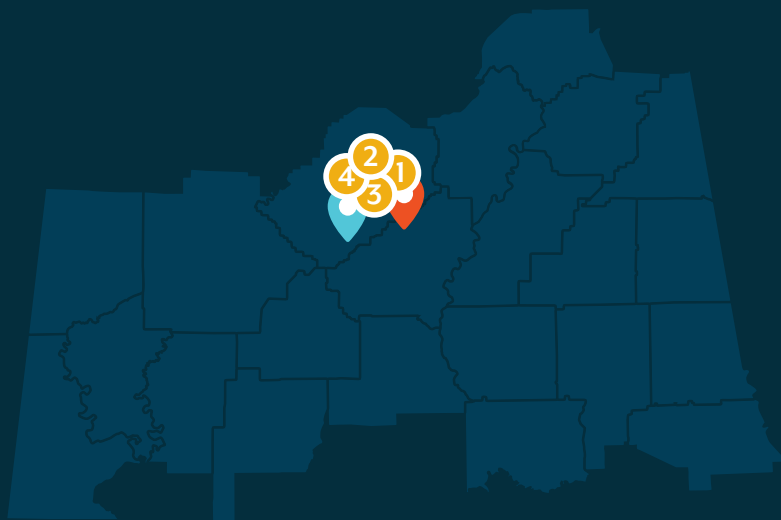
**Trail Closed?** Go to the Birmingham Botanical Gardens for peaceful paths and scenery.

## FOOD & NIGHTLIFE

**YOU PLANNED** for charming meals and sweet homemade treats. But Alabama had a secret menu to explore...

### Planned Stops

-  ARMOUR HOUSE
-  LAST CALL BAKING CO.



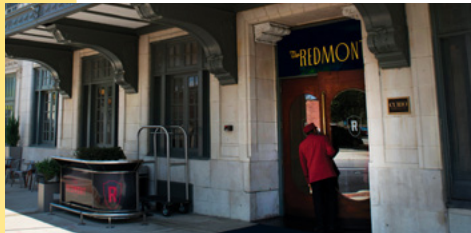
### UnPlanned Discoveries



#### 1 YOU FIND THE HOUSE OF FOUND OBJECTS

This eclectic spot serves handcrafted drinks, games and good vibes to keep the night interesting.

 @thehouseoffoundobjects



#### 2 YOU UNCOVER THE REDMONT HOTEL

This 1925 landmark serves upscale dining with a century of Southern hospitality under its belt.

 Website  @theredmont



#### 3 YOU STUMBLE UPON THE ELYTON HOTEL ROOFTOP

Watch the city light up while enjoying craft cocktails and appetizers above downtown Birmingham.

 Website  @elytonhotelbirmingham



#### 4 YOU DISCOVER THE LYRIC FINE ARTS THEATRE

Sip on wine and watch some of the best performers in this intimate, restored vaudeville theater.

 Website  @lightupthelyric

### IMPROMPTU PIVOTS

**Too Crowded?** Try Vulcan Park for scenic views and a quieter evening atmosphere.

**No Reservations?** Head to Cahaba Brewing Company for a unique food truck and casual drink.

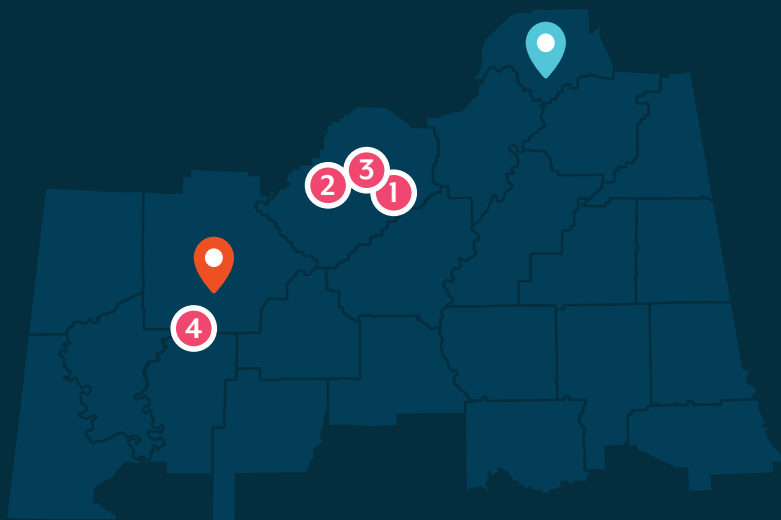
## HISTORY & CULTURE

**YOU PLANNED** for natural wonders and ancient artifacts. But Alabama had other stories to share...

### Planned Stops

 NOCCALULA FALLS

 ALABAMA MUSEUM OF NATURAL HISTORY



### UnPlanned Discoveries



#### 1 YOU FIND VULCAN PARK

Climb the steps to see the world's largest cast iron statue up close and learn how Birmingham became the "Steel City" of the South.

 Website  @visitvulcan



#### 2 YOU STUMBLE UPON RICKWOOD FIELD

Make history and step onto the same field where legends like Babe Ruth and Ty Cobb played at America's oldest baseball park.

 Website  @rickwood\_field



#### 3 YOU DISCOVER RAILROAD PARK

Built on former railroad land, this park honors transportation history through art, trails and regular community events.

 Website  @railroadpark



#### 4 YOU UNCOVER MOUNDVILLE ARCHAEOLOGICAL PARK

This prehistoric site is home to massive earthen mounds and artifacts that preserve Alabama's cultural heritage.

 Website  @moundvillepark

### IMPROMPTU PIVOTS

**Museum Closed?** Check out the Redmont Hotel's lobby for historic architecture and charm.

**Bad Weather?** Take shelter at McWane Science Center for hands-on, indoor exploration.