



**GENERAL SURGERY-PRE OPERATIVE INSTRUCTIONS (NON –IVF)**

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- \_\_\_\_\_ 1. No food or water after midnight the night before surgery. Eating or drinking after midnight may result in your surgery being cancelled or rescheduled.
- \_\_\_\_\_ 2. Please arrive at the Surgery Center one (1) hour to (1 ¼) hours before the time of your surgery *(1 1/4 hours for Dr. Goodman and Dr. Tarantino).*
- \_\_\_\_\_ 3. Enter the Surgery Center front door, once in lobby **please press the button** to alert staff of your arrival.
- \_\_\_\_\_ 4. Wear loose comfortable clothing. Storage is limited, so please do not bring any unnecessary items.
- \_\_\_\_\_ 5. Remember to bring **2 forms of ID** with you- **(1) your driver’s license and (2) one other form of ID-** preferably **not** a credit card , **and** your spouse/partner will need to bring only his/her driver’s license.
- \_\_\_\_\_ 6. All valuables, jewelry, and money should be left at home, unless you have a co-pay/deductible due.
- \_\_\_\_\_ 7. If you have small children, it is recommended that you arrange for childcare that day.
- \_\_\_\_\_ 8. Please be sure to shower with an antibacterial soap the night before or morning of surgery.
- \_\_\_\_\_ 9. Please bring a list of all medications and the dosages/amounts you are currently taking.
- \_\_\_\_\_ 10. Take your prescription medications as directed, and then **discontinue** all medications after midnight **unless** cleared by your physician or if the medication is to treat **high blood pressure**.
- \_\_\_\_\_ 11. If you are diabetic or asthmatic, bring your medication with you.
- \_\_\_\_\_ 12. If your physician has given you prescriptions for medications to take prior to or after surgery, please have it filled prior to your surgery date.  
**Doxycycline ordered** \_\_\_\_\_ Yes \_\_\_\_\_ No; **Scopolamine Patch** \_\_\_\_\_ Yes \_\_\_\_\_ No
- \_\_\_\_\_ 13. You will have an intravenous needle inserted and receive fluids and some sedative medication.
- \_\_\_\_\_ 14. You will need someone to drive you home after surgery and we recommend that they or someone else stays at the center during your procedure. **If both partners** are undergoing surgery on the same day, transportation arrangements must be made. **Taxicab arrangements are not acceptable.**
- \_\_\_\_\_ 15. If you receive any sedation or pain medication(s) while at the Center, including those given by mouth, you will need someone to stay with you the first night after surgery.
- \_\_\_\_\_ 16. The day before surgery, someone from the Surgery Center will contact you to go over the pre-op instructions with you. If we are unable to reach you for any reason before the end of the business day, you can call our office line after hours at (813) 989-0120. Follow the prompts for surgical patients and you will receive an automated summary of your instructions.