



## Full-Spectrum Vitamin Therapy

Optimal-V® includes 17 different vitamins, plus unique and beneficial ingredients such as beet root, wheat grass and grape seed extract, delivering a healthy boost to your system. When your body is vitamin or mineral deficient, you can feel mentally and physically sluggish, among other things. Consider these potent capsules your first step towards achieving and maintaining optimum health.

## THE BENEFITS

- Comprehensive spectrum of high-potency vitamins, antioxidants, phytonutrients and micronutrients
- Helps to correct nutrient deficiencies and support critical cellular function in the body
- Properly balanced ratios for daily use and superior absorption
- Optimum daily allowance is used for meeting optimal nutrition, rather than the bare minimum

### Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 56

	Amount Per Serving	%DV
Vitamin A (as beta-carotene)	1124 mcg RAE	42%
Vitamin C (as calcium ascorbate, magnesium ascorbate, zinc ascorbate, potassium ascorbate, acerola cherry)	650 mg	722%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin E (as D alpha tocopheryl succinate, mixed tocopherols 50 mg)	125 mg	833%
Vitamin K (as phyloquinone)	45 mcg	38%
Thiamin (as thiamin HCl)	14 mg	1167%
Riboflavin	14 mg	1077%
Niacin (50% as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxine HCl)	16 mg	935%
Folate (folic acid)	850 mcg DFE	213%
Vitamin B12 (as methylcobalamin)	200 mcg	8333%
Biotin	150 mcg	500%
Pantothenic Acid (as D calcium pantothenate)	45 mg	900%
Calcium (as calcium ascorbate)	75 mg	6%
Molybdenum (as molybdenum citrate complex)	25 mcg	56%
Inositol	75 mg	*
Grape Seed Extract (95% anthocyanins)	50 mg	*
Bromelain	25 mg	*
Vegetable Blend (broccoli leaf and flower, carrot, tomato, beet root, spinach leaf, cucumber, brussels sprout, cabbage leaf, celery leaf, kale leaf, asparagus shoot, green bell pepper, cauliflower, parsley, wheat grass)	10 mg	*

\*Daily Value (DV) Not Established.

**Other Ingredients:** Gelatin, Rice Bran, Natural Color, Sodium Copper Chlorophyllin.



SUPPORTS  
HEART



SUPPORTS  
EYES



SUPPORTS  
SKIN



SUPPORTS  
LUNGS

