

THE SLENDERIIZ

SHAKE IT OFF



PureNourish™ is packed with key vitamins and nutrients that are essential to supporting your body's nutrition. When added to your daily regimen, they can provide vital protein and nutrients to aid your full-spectrum health.

PURE NUTRITION

PureNourish is a formulated supplementary sports food designed to optimize nutrient absorption. Each serving combines 15 essential vitamins and minerals with high-quality plant protein, a blend of probiotics, prebiotics and enzymes in a satisfying supplement shake! Using pea protein, aids optimal nutrient absorption while keeping the sodium content to a low 0.7mg per serving.



100% VEGAN



NON GMO



GLUTEN FREE



NO ARTIFICIAL FLAVORS



LOW GLYCEMIC



SOY FREE



SWEETENED WITH STEVIA

BLENDED BRAIN POWER

Your brain is actually 60% fat and supported by Omega-3 fatty acid, primarily in the form of DHA (docosahexaenoic acid). Think of it as a charger for your body – it's critical for optimal brain function. This specific type of fatty acid is absorbed by the brain in preference to other fatty acids, making it the best way to boost your brain power.

POSITIVELY BALANCED

If your body isn't adequately supported by the right blend of nutrients, your body is not performing at its best. PureNourish allows you to achieve your preferred nutrient intake.

ALLERGEN-FREE

Unlike most shakes, PureNourish is entirely free of soy, preservatives, genetically-modified organisms and wheat.

RECOMMENDED USAGE

Rest assured that every ounce of PureNourish contains the same amount of goodness you're used to. Just mix 1/2 scoop of PureNourish with 200 mL of cold water and shake vigorously to blend. For a rich and hearty shake, use almond or coconut milk.



FREQUENTLY ASKED QUESTIONS

What makes PureNourish unique?

Unlike most shake products, PureNourish is entirely free of soy, preservatives, genetically modified organisms and wheat. This makes PureNourish safe to consume for many individuals who have intolerances to these ingredients. Simply put, PureNourish is the premium choice for nutrition!

What are the benefits of PureNourish?

- Contains plant-derived amino acids
- Good source of DHA - Omega-3's
- Probiotic, prebiotic and enzyme blend
- Nutrient dense without the calories
- Sweetened with stevia
- 15 vitamins and minerals
- Vegan
- Non-GMO
- Gluten free and soy free
- Low glycemic
- No artificial flavors or colors
- Natural vanilla flavor

How should I store PureNourish?

Store in their sealed pouches in a cool, dry location.

What can I mix PureNourish with?

Mix PureNourish with water or your favorite nut milk.

Can I take PureNourish if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior starting on any new dietary supplement if you have allergies or are taking medication.

Can I take PureNourish if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before starting on any new dietary supplement while pregnant or breastfeeding or if you have a medical condition.

What does DHA do?

The human brain is made up of nearly 60% fat. In recent years, we've learned that fatty acids are among the most crucial molecules that determine your brain's integrity and ability to perform. Essential fatty acids (EFAs) are required for maintenance of optimal health but they can't be synthesized by the body and must be obtained from dietary sources. The long chain omega-3 fatty acid, docosahexaenoic acid (DHA), is a major lipid in the brain recognized as essential for normal brain function. The DHA used in PureNourish is sourced from Algae — a vegan source of DHA.

What are amino acids?

Amino acids are small molecules that are used as building blocks for all proteins, assisting in the creation and growth of muscles, connective tissue and skin.

What are essential amino acids?

Essential amino acids can't be made by your body and must be obtained through your diet. These are histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine.