1. As a condition of entry to compete in FITEQ recognised events all competitors must be citizens of the country which enters them and must not be currently under disqualification or suspension by FITEQ, or their respective National Federation or any associated anti-doping rule violation.

2. In the case of the United Kingdom; eligible competitors must also demonstrate a residency period of three (3) years in their respective home nation.

3. In case a country does not issue its own passport or any similar document, for the determination of nationality FITEQ accepts the applicable rules of the United Nations and/or the International Olympic Committee.

4. An athlete may represent a new country in international competitions provided that:
   - the athlete obtains the citizenship of that new country, and
   - the athlete gets the approval of the National Federation he/she is currently representing and the approval of the National Federation he/she wishes to represent and the approval of FITEQ.

5. If the athlete cannot get the approval of the National Federation he/she is currently representing, then the athlete has to wait for a period of two (2) years (to be counted from the date of the request sent to FITEQ for approval) before being automatically authorised to represent the new National Federation.

6. In the case of a second or further change of citizenship, the condition of participation in international events is four (4) years of new citizenship.

7. In the case of double or multiple citizenship proven by an official document, an athlete may participate at FITEQ recognised events representing the country of his/her second or further citizenship given that he/she fulfils the following conditions:
   - the athlete was already in possession of his/her second or further citizenship(s) at the time when he/she competed at international level for the first time and;
   - FITEQ gives its written approval for the change of the athlete’s represented country.

8. In case an athlete changes his/her country of representation for the first time, he/she may not represent more than one country in a period of two (2) years.

9. In case it is the second or further change of the country of representation of the athlete, he/she may not represent more than one country within a period of 24 (twenty-four) months.

10. For a first change of the country of representation an exemption can be applied if both countries concerned and FITEQ approve it. In such case the athlete becomes eligible to compete on behalf of the country of his/her second or further citizenship as of the date of FITEQ approval.

11. In case the athlete wishes to enter to a competition representing another National Federation, he/she shall obtain the written approval of FITEQ at least 30 (thirty) days before the Competition in question to be eligible to compete on behalf of that National Federation.

12. An athlete residing in a foreign country may only participate in competitions organised in that country if he/she has an authorisation from his/her National Federation.