



ASPIRATION AND TRANSFER ** PRE OPERATIVE INSTRUCTIONS/TELEPHONE CALL

- _____ 1. **Aspiration**- No food or water after midnight the night before surgery.
Eating or drinking after midnight may result in your surgery being cancelled or rescheduled.

Embryo Transfer- May eat lightly prior to procedure. Please drink 16-32 oz of fluid as directed.
- _____ 2. ART will notify you of your time (*and day if unknown*). Please arrive at the Surgery Center one (1) hour before the time of your surgery/procedure. **For procedures being performed by Dr. Goodman or Dr. Tarantino, arrive one hour and fifteen minutes (1 1/4) prior.**
- _____ 3. Enter the Surgery Center front door, once in lobby **please press the button** to alert staff of your arrival.
- _____ 4. Wear loose comfortable clothing. Storage is limited, so please do not bring any unnecessary items.
- _____ 5. Remember to bring **2 forms of ID** with you- **(1) your driver's license and (2) one other form of ID-** preferably **not** a credit card , **and** your spouse/partner will need to bring only his/her driver's license.
- _____ 6. All valuables, jewelry, and money should be left at home, unless you have a co-pay/deductible due.
- _____ 7. If you have small children, it is recommended that you arrange for childcare that day.
- _____ 8. Please be sure to shower with an antibacterial soap the night before or morning of surgery.
- _____ 9. Please bring a list of all medications and the dosages/amounts you are currently taking.
- _____ 10. Take your prescription medications as directed. Remember to take you Doxycycline the night before your aspiration, and then **discontinue** all medications after midnight **unless** cleared by your physician or if the medication is to treat **high blood pressure**.
- _____ 11. If you are diabetic or asthmatic, bring your medication with you.
- _____ 12. If your physician has given you prescriptions for medications to take prior to or after surgery, please have it filled before your date of surgery.
- _____ 13. **Aspiration patients** will have an intravenous needle inserted to receive fluids, medication & sedation.
- _____ 14. You will need someone to drive you home after surgery and we recommend that someone stays at the center during your procedure. **If both partners** are undergoing surgery on the same day, transportation arrangements must be made. **Taxi cab arrangements are not acceptable.**
- _____ 15. If you receive any sedation or pain medication(s) while at the Center, including those given by mouth you will need someone to stay with you the first night after surgery.
- _____ 16. The day before surgery, someone from the Surgery Center will contact you to go over the pre-op instructions with you. If we are unable to reach you for any reason before the end of the business day, you can call our office line after hours at (813) 989-0120. Follow the prompts for surgical patients and you will receive an automated summary of your instructions.