minno CHURCH AT HOME

# Fruit of the Spirit
## Scope & Sequence

| Date | Theme | Bible Verse |
|---|---|---|
| May 10 | The Fruit of the Spirit | Galatians 5:22-23 |
| May 17 | Love | 1 John 4:19 |
| May 24 | Joy | Psalm 16:11 |
| May 31 | Peace | John 14:16, 27 |
| June 7 | Patience | Ephesians 4:2 |
| June 14 | Kindness | 2 Corinthians 6:6 |
| June 21 | Goodness | Philippians 4:8 |
| June 28 | Faithfulness | 1 Samuel 12:24 |
| July 5 | Gentleness | Philippians 4:5 |
| July 12 | Self-Control | 2 Timothy 1:7 |

minno

CHURCH AT HOME

# Fruit of the Spirit Family Discussion Guide

The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, gentleness, and self control.

**Galatians 5:22-23 NLT**

## Learn:

These traits are called the "fruit of the spirit" because just as fruit grows from a healthy tree that is planted in good soil and watered regularly, these nine character traits grow in our hearts when we stay connected to Jesus and let His Spirit guide our lives.

In John 15, Jesus tells us,

I am the true grapevine, and my Father is the gardener . . . Remain in me, and I will remain in you . . . For a branch cannot produce fruit if it is [cut] from the vine, and you cannot be fruitful unless you remain in me. John 15:1,4 NLT

***So what does it mean to stay connected to Jesus?*** Well, you are doing something right now that will help you remain in Him. By watching Minno Church at Home and talking as a family about what the Bible says, you connect yourself with Jesus to receive the nourishment you need to grow good fruit.

A few other ways you can stay connected to Jesus include prayer, worship, serving others, and even resting. Sometimes it's important to do nothing at all because when we rest, we create time and space for Jesus to give us just what we need in order to grow.

## Ask:

1. What are some other, specific ways we can stay connected to Jesus?
2. What do you think keeps us from staying connected to Him?
3. Which of these traits do you already see in each other?
4. Which do you want to work on producing more of in your life?

**Say: Jesus helps me grow good fruit in my life!**

minno

CHURCH AT HOME

# Fruit of the Spirit Family Discussion Guide

## Pray:

Dear Jesus, Thank you that in You we have everything we need to grow good fruit. We want to remain in You so that we can receive the nourishment we need to produce love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. As we learn about these important character traits, help us understand just what it means to produce this good fruit and show us how to share it with others. Amen.

## Go!:

Choose a family meal this week to have a fresh fruit salad! While you cut up yummy berries, apples, melons, and more, talk about the different traits we know to be fruit of the Spirit. Tell each other which traits you see being shared in your family. Encourage each other to stay connected to Jesus so you can grow more good fruit!

Be sure to join us for Church at Home as we study each of the fruit of the Spirit in the coming weeks!

minno

# CHURCH AT HOME

## Fruit of the Spirit

**Date:** _____ **Notes Taken By:** _____

### My Favorite Worship Song

### Today's Fruit

### Draw a Scene from the Show

### My Show Notes

_____

_____

_____

_____

_____

_____

_____

_____

_____

### Today I Learned . . .

_____

_____

_____

### Questions I Have . . .

_____

_____

_____

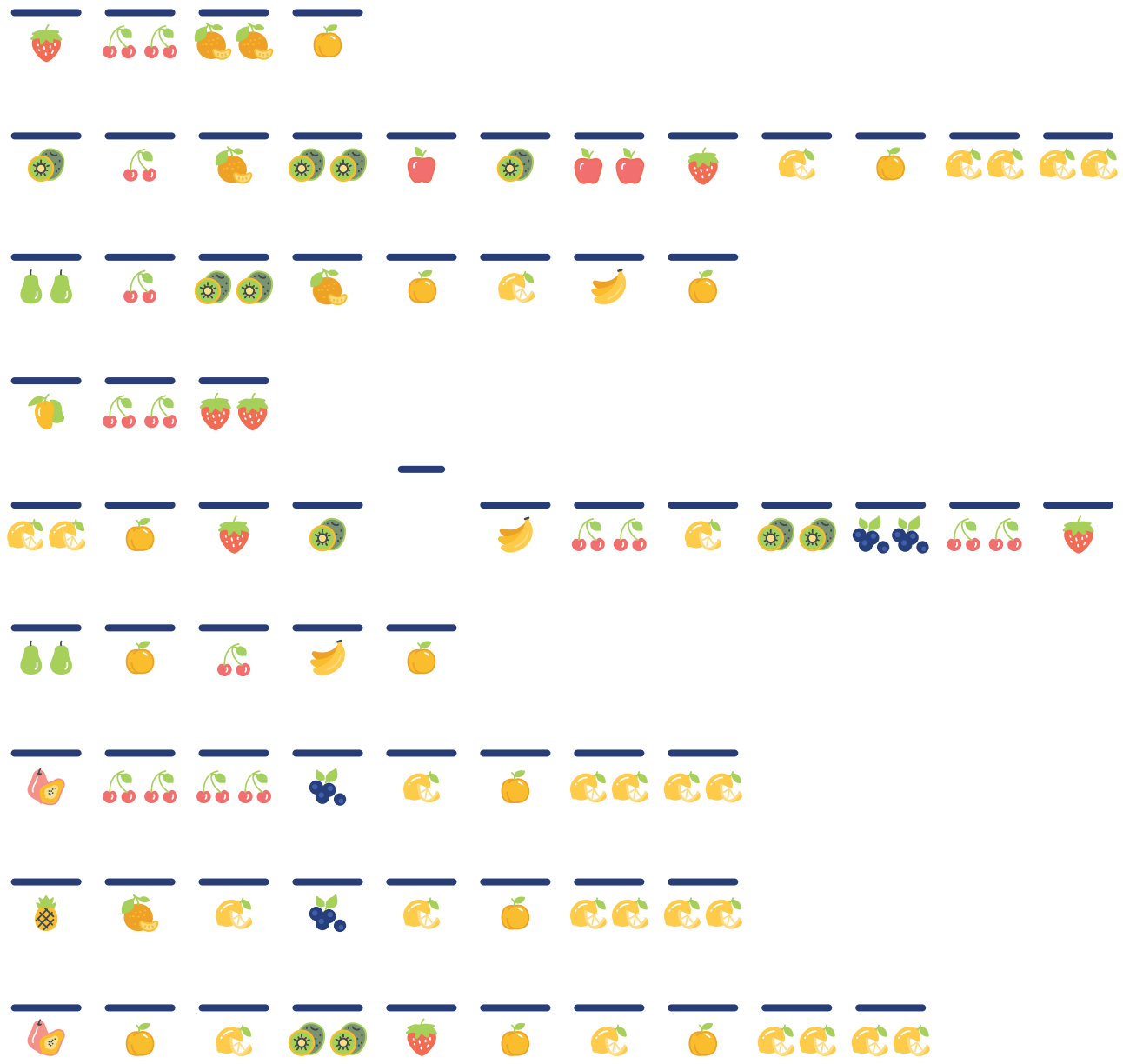
### Today I Am Thankful For . . .

### My Prayer Request

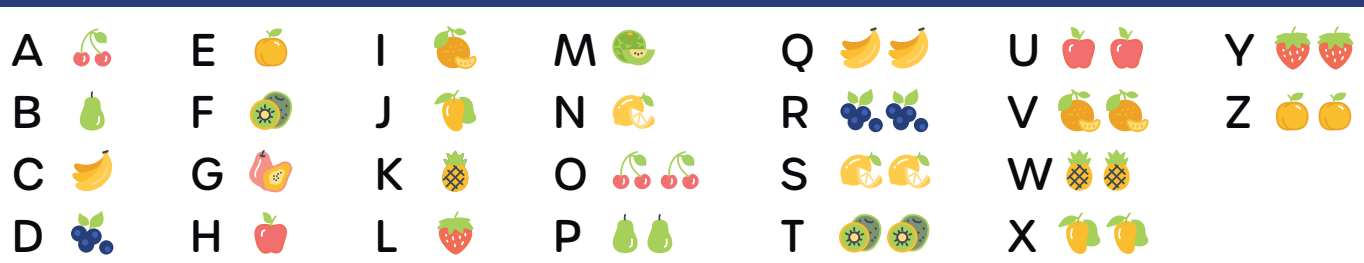
minno

# CHURCH AT HOME

## Fruit of the Spirit Decoder



### Word Decoder Key



# THE FRUIT OF THE SPIRIT

**The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.**

GALATIANS 5:22-23 NLT

minno

© 2020 Winsome Truth, Inc.

minno

CHURCH AT HOME

# Family Discussion Guide: LOVE

## Order of Service

Worship - Let Us Love One Another **(The Rizers)**

Bible Verse - 1 John 4:19

Episode - Theo: Love Thy Neighbor

Featured Bible Story - The Good Samaritan **(Luke 10)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of LOVE **(Micah's Super Vlog)**

Worship - Because of Your Love **(Little Worship Company)**, Your Love Is **(eKidz)**

We love because He first loved us.

**1 John 4:19 ESV**

## Learn:

It is no accident that love is the first fruit of the Spirit mentioned in Galatians 5:22-23. It is the most important fruit that grows in our lives when we stay connected to Jesus. The Bible tells us that God is love (1 John 4:7-10). It also tells us that God made us in His image (Genesis 1:27). If God is love then we were made to reflect His love. That's why Jesus said the greatest commandments are to "love the Lord with all your heart, mind and strength and to love your neighbor as yourself." (Matthew 22:36-40) The story of the Good Samaritan from today's episode is a great example of love. The Samaritan man showed love to a stranger; a beautiful reflection of God's love!

**Ask:**

1. What did you learn from today's story about The Good Samaritan?
2. What does it mean to reflect God's love?
3. How can we love God with all our heart, mind, and strength?
4. What are some ways we can love others with God's love?

**Say: I was created to love God and love others.**

## Pray:

Dear God, thank You for loving us so much! Please help us love others with Your big love. In those times when it's hard to show love, remind us that we love because You first loved us. Amen.

## Go!:

Share daily one way you can show love to someone. Help each other come up with a plan every day to spread God's love around!

**Download the Sermon on the Mount Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: JOY

## Order of Service

Worship - Joyful Noise **(Yancy)**

Bible Verse - Psalm 16:11

Episode - Bibleman: Expelling the Empress of Unhappiness

Featured Bible Story - Paul **(Acts 13)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of JOY **(Micah's Super Vlog)**

Worship - Make a Joyful Noise **(The Rizers)**, I Am Yours **(eKidz)**

You will show me the path of life; In Your presence is fullness of joy.
**Psalm 16:11 NKJV**

## Learn:

Do you know the difference between happiness and joy? Happiness is often based on our circumstances. It's a feeling we get when something good happens. It's fun to be happy, but God wants us to have something more—true joy that lives deep within our hearts and stays there no matter what. Joy comes from Jesus and remains no matter what is going on around us. This doesn't mean we won't feel sad or disappointed at times. Just like Paul, we can be filled with joy in good times and in bad times. Because when things are hard but we trust God, our sadness will eventually go away and be replaced by the joy of Jesus. The Bible says Jesus fills us with overflowing joy so we can share it with others (John 15:11).

## Ask:

1. What did you learn from today's story about the life of Paul?
2. What is the difference between happiness and joy?
3. What brings you true joy?
4. What are some ways we can share our joy with others?

**Say: True joy comes from my relationship with Jesus.**

## Pray:

Dear God, thank You for filling our lives with true joy. When we feel sad or disappointed, we will share our feelings with You and trust You to help us find the joy of Jesus. Amen.

## Go!:

Do something together that brings you joy. Plan a family game night or an indoor scavenger hunt. If you are able, invite friends to join so you can share your joy with others!

**Download the Book of Songs Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: PEACE

## Order of Service

Worship - Trust in the Lord **(The Rizers)**

Bible Verse - John 14:16, 27

Episode - What's In The Bible?: A Helper Arrives

Featured Bible Story - Pentecost **(Acts 2)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of PEACE **(Micah's Super Vlog)**

Worship - I Will Pray **(Yancy)**, Undefeated **(eKidz)**

I will ask the Father, and he will give you another Helper, to be with you forever . . . Peace I leave with you. **John 14:16, 27 ESV**

## Learn:

Peace can be hard to understand because it's not something we can see clearly with our eyes. Sometimes peace is visible on the outside. Outward peace looks like quietness, stillness, or rest. But peace is also something we can feel deep inside us. When we have no worry or fear, we experience peace. Just like joy, peace comes from our relationship with Jesus. When we walk closely with Jesus, He calms us with His love. As we follow Him, we can trust that our Helper, the Holy Spirit, will guide us and take away our worry and fear. When we learn how to enjoy the peace of His presence, we can share it with others by being a peacemaker.

**Ask:**

1. What did you learn from today's story about the Holy Spirit?
2. What does real peace feel like?
3. Why is peace sometimes hard to understand?
4. What are some ways we can be a peacemaker?

**Say: Peace comes when I trust Jesus.**

## Pray:

Dear God, thank You for peace that goes beyond our understanding. As we bring our worries and fears to You, we trust that You will calm our hearts and minds. Thank you for our Helper, the Holy Spirit, who guides us in peace, everyday. Amen.

## Go!:

Peace often comes through prayer. Spend time praying together for peace. Share something that has brought you worry. Then let the Holy Spirit replace your fear with peace as you trust God.

**Download the God's Super Helper Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: PATIENCE

## Order of Service

Worship - Praise the Lord Everyday **(Yancy)**

Bible Verse - Ephesians 4:2

Episode - Superbook: Joseph and Pharaoh's Dream

Featured Bible Story - Joseph **(Genesis 37 and 41-45)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of PATIENCE **(Micah's Super Vlog)**

Worship - Blessed Be Your Name **(Little Worship Company)**, Already Won **(eKidz)**

Be patient with each other, making allowance for each other's faults because of your love. **Ephesians 4:2 NLT**

## Learn:

Patience means waiting without complaining. It can be hard to wait for things like our birthday and Christmas or for our turn with a toy or electronic device. It's also hard to be patient with others or when things don't go the way we planned. It's one thing to be patient but to do it without whining or grumbling is what this fruit of the Spirit is all about. The Bible talks a lot about patience and is filled with many stories of how God blessed those who waited with patience while trusting Him. In today's story, Joseph was treated poorly by his brothers and eventually taken away and thrown in prison. Joseph could have had a really poor, impatient attitude about what was happening to him. But Joseph trusted God. Because of his patience and trust, God turned something bad into something good.

**Ask:**

1. What did you learn from today's story about Joseph?
2. What does it mean to be patient?
3. Why is it important to wait with a good attitude?
4. How can God help us in being patient with others?

**Say: I can be patient with God's help.**

## Pray:

Dear God, it's so hard to be patient, especially without grumbling! Please help us to be patient as we trust in You. Use our time of waiting to change our heart if we need it. Amen.

## Go!:

Make a list or draw a picture of things you are waiting for. *Are you waiting for an upcoming family trip or a toy you've been wanting for a long time? What about a hard season to pass?* Pray over this list and trust that God will bring just what you need when you need it.

**Download the Joseph Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: KINDNESS

## Order of Service

Worship - Wrong for Wrong **(The Rizers)**

Bible Verse - 2 Corinthians 6:6

Episode - Auto B Good: Bully Bully

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of KINDNESS **(Micah's Super Vlog)**

Worship - Love One Another **(Yancy)**, Your Love Is **(eKidz)**

We show that we are servants of God by living a pure life, by our understanding, by our patience, and by our kindness. **1 John 4:19 ESV**

## Learn:

Kindness is more than just a behavior, it's an attitude. When we feel and show concern for others, we spread kindness. Many times, this means we put someone else's need above our own. We can do this by saying something nice, including someone who is being left out, or helping someone who is in need. God showed us kindness by sending His Son to love us and die for us. He continues to show us kindness daily as He takes care of us. It is because of God's loving kindness that we can be kind to others.

**Ask:**

1. What did you learn from today's story?
2. What does it mean to be kind?
3. What are some ways we can spread kindness?
4. Why is God our best example of kindness?

**Say: When I am kind to others I share God's love.**

## Pray:

Dear God, thank You for your loving kindness. Help us to keep our eyes open so we can notice when someone needs us to share an act of kindness. We trust You to show us how to spread Your kindness to others. Amen.

## Go!:

Make a list of random acts of kindness. Maybe your family can surprise a stranger by paying for their lunch. Or you can let a friend go first on the playground. Talk about your list and get excited about surprising someone with kindness this week!

**Download the From Wrong to Right Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: GOODNESS

## Order of Service

Worship - Brand New Day **(Yancy)**

Bible Verse - Philippians 4:8

Episode - Superbook: The Fiery Furnace

Featured Bible Story - Shadrach, Meshach, and Abednego **(Daniel 3)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of GOODNESS **(Micah's Super Vlog)**

Worship - Glory, Glory, Glory **(Rizers)**, I Am Yours **(eKidz)**

Continue to think about the things that are good and worthy of praise.
**Philippians 4:8 ICB**

## Learn:

You are probably praised often for being good or doing a good job. That's because goodness comes out in our attitude and actions. Because God is good, when we grow in our relationship with Him, goodness gets planted deep within our hearts and we continue to make good choices. Goodness is about being kind, being honest, and having a good attitude. Just like the other fruit we've been studying, goodness grows when we stay connected to Jesus. Goodness is a sweet treasure we store in our hearts so that it's ready to be shared with those who need it. Shadrach, Meshach, and Abednego had the treasure of goodness stored in their hearts which helped them make a good choice when faced with a really hard decision. They decided to be faithful to God and trust Him with their lives.

## Ask:

1. What is goodness?
2. What can we learn about goodness from Shadrach, Meshach, and Abednego?
3. What are some examples of God's goodness?
4. What are some ways we can share goodness with others?

## Say: When I treasure goodness, it's stored in my heart and ready to be shared.

## Pray:

Dear God, we thank You for Your incredible goodness. Please help us to keep our focus on good things so that we can store good treasures in our hearts to honor You and share with others. Amen.

## Go!:

Matthew 12:35 says, "A good person produces good things from the treasury of a good heart." (NLT) Grab an old cardboard box and decorate your own treasure box. On small strips of paper, write down ways that God has been good to you and your family and ways you can be good to others. Put them in the box. Keep your goodness treasure box in a place you can see it. Pull out those strips of paper from time to time as a reminder of God's goodness and how you can share goodness with others.

**Download The Fiery Furnace Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: FAITHFULNESS

## Order of Service

Worship - His Love Endures Forever **(The Rizers)**

Bible Verse - 1 Samuel 12:24

Episode - What's In The Bible?: Cycle of Misery

Featured Bible Story - Ruth

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of FAITHFULNESS **(Micah's Super Vlog)**

Worship - I Like To **(Yancy)**, Standing **(eKidz)**

Fear the Lord and serve him faithfully with all your heart. Consider what great things he has done for you. **1 Samuel 12:24 ESV**

## Learn:

*How do you want others to remember you? Do you want to be known as faithful and trustworthy?* Faithful means steady, reliable, loyal, trusted. A faithful person is consistent, he or she doesn't change and can always be counted on. *Do you know anyone who fits this description?* The Bible tells us many times that God is faithful and He can be trusted. When we follow God and His faithful son, Jesus, we learn how to be loyal and trustworthy, too. Ruth was a faithful friend to Naomi. She could have just taken care of herself but Ruth chose to help Naomi and because of her faithfulness, God took care of her, too! Just like Ruth, when we develop faithfulness and serve God faithfully, we shine the light of our faithful God.

## Ask:

1. What can we learn about faithfulness from Ruth?
2. Why do you think God deserves our trust?
3. What are some examples of God's faithfulness?
4. What are some ways we can be faithful to others?

**Say: I can be faithful because God is faithful.**

## Pray:

Dear God, thank You for being faithful and worthy of our trust. We know we can always count on You. Please help us to be faithful so others can count on us, too! Amen.

## Go!:

Make a list of 3 responsibilities you can take on this week. Maybe helping around the house with a chore or helping a friend. Commit to be faithful in completing the tasks on your list.

**Download the Ruth's Redeemer Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: GENTLENESS

## Order of Service

Worship - Love One Another **(Yancy)**

Bible Verse - Philippians 4:5

Episode - Bibleman: Clobbering the Crusher

Featured Bible Story - Rehoboam **(1 Kings 12)**

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of GENTLENESS **(Micah's Super Vlog)**

Worship - You're Beautiful **(Little Worship Company)**, Your Love Is **(eKidz)**

Let your gentleness be evident to all.

**Philippians 4:5 NIV**

## Learn:

Grownups probably tell you often to be gentle with things. Your brother or sister . . . mommy's phone . . . when you are walking through a store. Being careful or touching things respectfully are ways we can be gentle on the outside. But God also wants us to be gentle on the inside, with peace in our heart and a pleasant attitude. Our verse this week reminds us we should keep a gentle spirit that others can see. Jesus tells us in the Bible that He is gentle and humble in heart (Matthew 11:29). The story of King Rehoboam reminds us that being mean and harsh is foolish. A gentle spirit doesn't mean that we are weak but that we understand the value of peace and want to spread it around. This is Jesus' gentle way of loving others and it can be ours, too.

## Ask:

1. What did you learn about gentleness from today's story?
2. Who do you think is our greatest example of gentleness?
3. What does it look like to be gentle?
4. What are some ways we can have a gentle spirit?

**Say: Jesus' gentle love teaches me to be gentle with my attitude and actions.**

## Pray:

Dear God, we want to love others with Jesus' gentle love. Please help us to use gentle words and actions that reflect Your heart toward others. Amen.

## Go!:

Practice being gentle by helping with tasks that require gentleness—with a smaller sibling or washing the dishes. Look for a new chore or responsibility that will allow you to practice gentleness. You can also practice gentleness in your speech. The next time you want to yell or use harsh words, try a gentle tone instead.

**Download the Bad Kings Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**

minno

CHURCH AT HOME

# Family Discussion Guide: SELF-CONTROL

## Order of Service

Worship - Glory, Glory, Glory **(The Rizers)**

Bible Verse - 2 Timothy 1:7

Episode - Auto B Good: Issadora's Box

Prayer - The Lord's Prayer **(from Matthew 6:9-13 CEV)**

A Minno Moment - Fruit of SELF-CONTROL **(Micah's Super Vlog)**

Worship - Whoa, I Have Life **(Yancy)**, Undefeated **(eKidz)**

For God gave us a spirit not of fear but of power and love and self-control.
**2 Timothy 1:7**

## Learn:

Self-control means being able to control our actions or responses. Sometimes when we are upset, frustrated or mad, we react with angry words. Sometimes our actions are reactions to what is going on around us. And sometimes, we take action when we just need to wait. But God can help us choose a different way. 2 Timothy 1:7 tells us that God has given us a spirit of power, love, and self-control. This means when we are walking with God and looking to Him for guidance, we have the tools to help us choose a better reaction. Instead of hitting someone back or grabbing a toy they took from us, we can choose to practice self-control and respond peacefully. Instead of doing something when we know we should wait, we practice patience. Self-control might look like taking a deep breath and walking away. It might mean we go find an adult to help us. Self-control can also mean choosing to say and do nothing at all.

## Ask:

1. What is self-control?
2. What did you learn about self-control from today's story?
3. What tools has God provided to help us practice self-control?
4. What are some areas you need to grow in self-control?

## Say: I can choose the better reaction by practicing self-control.

## Pray:

Dear God, thank You for giving us the tools we need to practice self-control. We have the power to make the right choices and Your love leading our way. We trust You to help us wait and choose what's best. Amen.

## Go!:

The next time you get mad or frustrated, stop and count to 10 before reacting. The next time you want to go ahead and do something when you know you should wait, stop and ask yourself, *is this the right choice?* Practice taking a moment to give yourself time to choose the best reaction.

**Download The Desert Temptation Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com**