



QUIET TIME

The Basics Series  Lesson 3

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The world revolves around relationships. Sometimes we get confused and lose sight of the relational aspects and focus on the millions of things to be done. We have become a culture of the to-do list. Tasks and goals begin to win over our friends and family. What a tragedy!

Unfortunately our relationship with God is subject to the same pressures. We focus on what God wants us to do, rather than what he wants us to be. J.I. Packer said it well, “We know a lot about God, but we don’t know God.” How do we change this around? A simple solution is the daily quiet time.

This one habit can make the difference in you living a fulfilling Christian life, where you are increasingly becoming more like God and growing in your relationship with him. It has been said that we become like that which we worship. In our daily time with God we worship him and become like him. Relationships are built around time with another person. Learn to spend time with God and you will never be the same. Let’s explore.

Discussion Questions

1. What is the purpose of the quiet time?
2. How important should quiet time be on your priorities? Luke 10:38-42, Phil. 3:7-11
3. How will a quiet time help in your endeavor to know God? Jeremiah 9:23-24
4. What are the results of quiet time? John 15:1-5
5. What should the content of your quiet time be? Timothy 3:16-17, John 15:7
6. What are example of Jesus having a quiet time? Mark 1:35, Luke 5:16
7. How will a quiet time help you seek God? Jeremiah 29:11-13
8. How will a quiet time help you live out the goal of life? John 17:3
9. If you could learn only one discipline of the Christian life, the hands-down choice would be the quiet time. No other use of your time is more significant. Life flows from time with God. But beware: the quiet time is not the end itself but rather the means to the end – knowing God. Don’t be committed to the method, but to the Master.

Suggested Memory Verse

John 17:3

