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CHURCH AT HOME

## **Family Discussion Guide: GENTLENESS**

#### **Order of Service**

Worship - Love One Another (Yancy) **Bible Verse - Philippians 4:5** Episode - Bibleman: Clobbering the Crusher Featured Bible Story - Rehoboam (1 Kings 12) Prayer - The Lord's Prayer (from Matthew 6:9-13 CEV) A Minno Moment - Fruit of GENTLENESS (Micah's Super Vlog) Worship - You're Beautiful (Little Worship Company), Your Love Is (eKidz)

#### Let your gentleness be evident to all. **Philippians 4:5 NIV**

#### Learn:

Grownups probably tell you often to be gentle with things. Your brother or sister ... mommy's phone ... when you are walking through a store. Being careful or touching things respectfully are ways we can be gentle on the outside. But God also wants us to be gentle on the inside, with peace in our heart and a pleasant attitude. Our verse this week reminds us we should keep a gentle spirit that others can see. Jesus tells us in the Bible that He is gentle and humble in heart (Matthew 11:29). The story of King Rehoboam reminds us that being mean and harsh is foolish. A gentle spirit doesn't mean that we are weak but that we understand the value of peace and want to spread it around. This is Jesus' gentle way of loving others and it can be ours, too.

Ask: 1. What did you learn about gentleness from today's story?

- 2. Who do you think is our greatest example of gentleness?
- 3. What does it look like to be gentle?
- 4. What are some ways we can have a gentle spirit?

#### Jesus' gentle love teaches me to be gentle Say: with my attitude and actions.

### **Pray:**

Dear God, we want to love others with Jesus' aentle love. Please help us to use gentle words and actions that reflect Your heart toward others. Amen.

#### **Go!:**

Practice being gentle by helping with tasks that require gentleness-with a smaller sibling or washing the dishes. Look for a new chore or responsibility that will allow you to practice gentleness. You can also practice gentleness in your speech. The next time you want to yell or use harsh words, try a gentle tone instead.

Download the Bad Kings Bible story pack from the Laugh and Grow Bible for Kids to continue the conversation. Find it at minnochurchathome.com



# Philippians 4:5 NIV



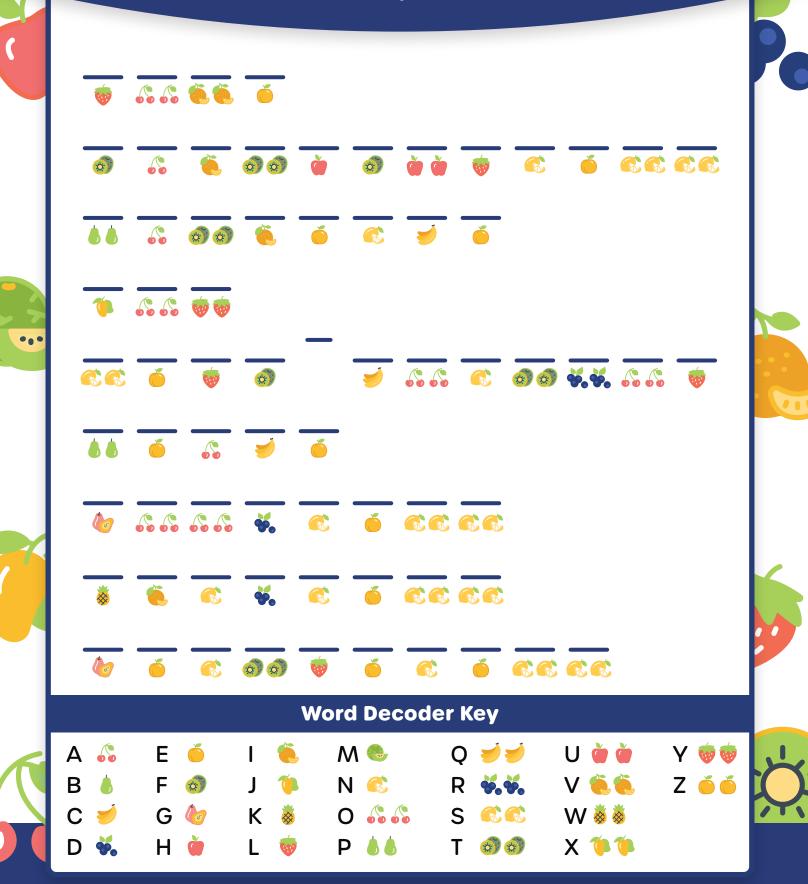




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## CHURCH AT HOME Fruit of the Spirit Decoder

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The Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

GALATIANS 5:22-23 NLT

