

5 Bible Memory Verses About Self-Control

Galatians 5:22-23 (NLT)

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Proverbs 25:28 (NIV)

Like a city whose walls are broken through is a person who lacks self-control.

Proverbs 29:11 (NIRV)

Foolish people let their anger run wild. But wise people keep themselves under control.

1 Peter 5:8-9 (adapted)

Control yourselves. Be on your guard . . . Stand firm in what you believe.

2 Timothy 1:7 (NIRV)

God didn't give us a spirit that makes us weak and fearful. He gave us a spirit that gives us power and love. It helps us control ourselves.