

SLENDERIIZ.

NUTRIENT-DENSE VEGGIE POWER — NO JUICING REQUIRED.



Giving Greens is a nutrient-dense powder drink mix that fuels your body with vital phytonutrients. Spinach, alfalfa, chlorella and sprouted broccoli seeds, harvested at their peak for maximum benefits, provide optimum nourishment. An enzyme-rich combination of superfruits helps boost health and aids digestion. Sweetened by nature, even kids give it two thumbs up.

2 SCOOPS. MIX. THRIVE.

A busy life makes it challenging to feed your body the nutrition it craves, but Giving Greens makes it easy. With only 20 kcal per serving, simply mix Giving Greens' nutritive powder in water or blend in a smoothie and enjoy!

2.5 LBS. OF VEGGIES IN EVERY SERVING

Just one serving includes spinach, alfalfa and chlorella, plus broccoli, carrot, tomato, beet, cucumber, Brussels sprouts, cabbage, celery, kale, asparagus, green bell pepper, cauliflower and parsley for optimum nutrition. Try eating all of THAT in one day!

SPROUTED-SEED NUTRITION

Sprouted seeds are brimming with nutrition, and when harvested at the peak of the sprouting process, nutrition levels are maximized and healthy compounds are unlocked.

HARD-WORKING ENZYMES

Our premium enzyme blend includes highly active digestive enzymes that help your body unlock Giving Greens' wholesome goodness.



Giving Greens®

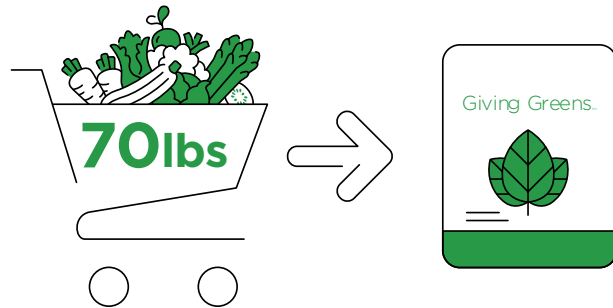
TASTE THE DIFFERENCE

This guilt-free nutritional powerhouse helps ensure you and your loved ones get the veggies you need without the dinnertime fight. Superfruits goji berry, blueberry and acai berry combine with cinnamon and a hint of stevia and xylitol to provide a naturally sweet flavor while giving you a happy antioxidant boost. Sweetened by nature, even kids give it two thumbs up!



Nutritional Information

Serving Size: 2 Scoops (5.43 g each) Servings Per Pack: about 28		
	Quantity Per Serving 5.43 g	Quantity Per 100 g
Energy	84 kJ (20 kcal)	1544 kJ (369 kcal)
Total Fat	0 g	0 g
Saturated Fat	0 g	0 g
Total Carbohydrate	4 g	74 g
Dietary Fiber	1 g	18 g
Sugars	< 1 g	15 g
Protein	1 g	18 g
Vitamin C (as Acerola fruit extract)	30 mg	550 mg
Sodium	5 mg (0.2 mmol)	92 mg (4 mmol)
Superfood Vegetable Blend (Spinach leaf powder, Broccoli powder, Asparagus powder, Brussels sprout powder, Cauliflower powder, Celery powder, Cucumber powder, Kale leaf powder, Parsley leaf powder, Green pepper powder, Beet root powder, Carrot powder, Tomato fruit powder, Cabbage leaf powder)	1950 mg	35911 mg
Superfruit Blend (Goji fruit powder, Blueberry fruit powder, Acai berry powder)	200 mg	3683 mg
Organic Broccoli Sprouted seed	150 mg	2762 mg
Enzyme Blend (Amylase, Protease, Glucoamylase, Lipase, Cellulase, Papain)	184 mg	3388 mg
Alfalfa grass powder	1400 mg	25782 mg
Chlorella (cracked cell wall)	100 mg	1841 mg





FREQUENTLY ASKED QUESTIONS

What does Giving Greens do?

Giving Greens is a tasty, nutrient dense powdered drink that features 2.5 lbs. of whole-food veggies, sprouted-seed nutrition, an enzyme-rich superfruit blend and a prebiotic & probiotic system. With just two scoops a day, give your body the nutrients it craves to help:

- Fuels your body with vital phytonutrients
- Provides optimum nourishment
- Helps boost health and aid digestion

What is the recommended dosage of Giving Greens?

Add two scoops to 240 ml water, blend and enjoy once per day.

What are the key ingredients in Giving Greens?

A rich base of spinach, alfalfa and whole-plant, cracked-cell chlorella vulgaris provides vital phytonutrients, vitamins and minerals for optimum nutrition. Fresh broccoli sprouts are harvested at their peak to ensure maximum benefits, providing all nine essential amino acids. Superfruits goji berry, blueberry and acai combine with cinnamon to provide a naturally sweet flavor. And six highly active digestive enzymes help your body unlock all of the nutritive value within.

What is cracked-cell chlorella vulgaris?

Chlorella vulgaris is a type of single-cell algae that grows in freshwater and is considered by many to be a superfood. Chlorella's cell wall is thick and rigid, making it hard to break down and digest. The solution is to break, or crack, the cell wall before ingestion, making it more "bioavailable" so that all the nutrients are readily available to be absorbed into your body.

What is sprouted seed nutrition?

When sprouts are harvested at the peak of the sprouting process, nutrition levels are maximized and healthy compounds are unlocked. Broccoli sprouts pack 10-100 times more sulforaphane, shown to promote detoxification and strengthen antioxidant power.

What are digestive enzymes?

Digestive enzymes help your body properly and efficiently break down food so that you receive all of the nutrients from it. Our premium enzyme blend includes highly active digestive enzymes that help your body unlock Giving Greens' nutritive goodness.

Is Giving Greens sensitive to heat?

Giving Greens can be enjoyed cold or hot — as long as the temperature is no hotter than hot tap water, not to exceed 45°C.

How should I store Giving Greens?

Store in its sealed pouch in a cool, dry location.

What can I mix Giving Greens with?

Mix Giving Greens with water or your favourite nut milk. For a creamier shake and an added boost of protein, mix with PureNourish™.

Can I take Giving Greens if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior to use if you have allergies or are taking medication.

Can I take Giving Greens if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before beginning any new weight loss program or dietary supplement while pregnant or breastfeeding or if you have a medical condition.