



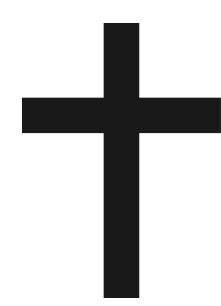
15 SECOND TESTIMONY

15 Second Testimony Worksheet

A 15 Second Testimony is an easy starting point for opening the door for deeper conversations about what God has done in a person's life and one of the best tools to communicate their actual testimony. It can also be a great starting point to a spiritual conversation.

It's not just about their conversion experience or salvation moment. Their spiritual story might include a significant "moment of decision," but it's not limited to this. It could be stories of how God has worked through significant circumstances in their life. It could be an example of how God is growing and refining someone. A person's testimony might be a personal example of the power of the gospel to make a difference in his daily life as compared to the way he was previously living before understanding the truth.

BASIC OUTLINE OF A 15 SECOND TESTIMONY:



Before	→	Jesus	→	Now
"There was a time in my life when I experienced/was..."		"But then I found/ experienced God's..."		"And now I experience/am..."
_____		_____		_____
_____		_____		_____

Ask

"Do you have a story like that?"

There was a time in my life when I was anxious and depressed, but then I experienced God's grace and joy, and now I have purpose and hope for the future. Do you have a story like that?

Here are a few transformation examples to get you thinking as you fill in your own blanks:

From darkness to light
From doubt to confidence
From exhaustion to rest
From guilt and shame to freedom and joy
From fear to faith
From broken to healed
From empty to satisfied
From aimless to purposeful

Additional reflection questions to help you process your story:

If you were saved at a young age:

- Why did you make this decision?
- Since then, what have you seen in your parents or the people around you that grew your confidence in “sticking with” your faith?

If you decided to submit to Christ’s lordship at a later time in your life:

- What led you to this decision?
- How has surrendering your life and plans to God shaped how you respond to what’s happening in your life?
- How are you different now?

What have you seen God do in you and through you over the years?

What sin have you overcome or are still fighting but experiencing greater victory?

What struggles have you faced? What has been the difference between suffering *with* Christ vs. without Him?

What do you notice your non-Christian peers struggling with, and how do you experience life differently because of Jesus? How does your relationship with God shape your desires and your decisions?

What was true of you a year ago, or two years ago, and in what ways have you grown since then?

How are you currently trusting God to work in your life? What do you hope will be true a year from now?

Application

Now that you've had some time to think through and process this, write out 2-3 versions of your 15 Second Testimony below. You can use the pattern and example given, but feel free to make it your own!

There was a time in my life when I was ___ and ___, but then I experienced God's ___ and ___, and now I have ___ and ___ for the future. Do you have a story like that?

How God Has Worked In My Life: Story 1

How God Has Worked In My Life: Story 2

How can you use the snapshot of how God has worked in your life to encourage others?

Who are 1-2 people in your life you can share this with this week?