



## Strengthen From Head to Toe

Jumping jacks or even just bending over to tie your shoe shouldn't be a chore. With Nutrifii™ Magnical-D®, it won't be. Delivering highly bioavailable calcium citrate, vitamin D3, vitamin C, vitamin K2 and magnesium – as well as a potent blend of turmeric and ginger – this exclusive vitamin and mineral blend helps deliver critical bone, muscle and joint health in a single, convenient formula.

Supplement Facts		
Serving Size: 4 Capsules		
Servings Per Container: 28		
	Amount Per Serving	%DV
Vitamin D3 (as Cholecalciferol (2000 IU))	50 mcg	250%
Vitamin K2 (as Menaquinone MK-7)	30 mcg	25%
Calcium (as Calcium Citrate)	400 mg	31%
Magnesium (as Magnesium Amino Acid Chelate)	400 mg	95%
Inland Sea Trace Mineral Complex	20 mg	*
Acerola Cherry	25 mg	*
Maitake Mushroom ( <i>Grifola frondosa</i> ) extract	25 mg	*
Cordyceps (Cordyceps sinensis) Extract	25 mg	*
Ginger ( <i>Zingiber officinale</i> )	5 mg	*
Turmeric ( <i>Curcuma longa</i> )	5 mg	*

\*Daily Value (DV) Not Established.

**Other Ingredients:** Vegetarian Capsules (Hypromellose), Sunflower Lecithin, Rice (*Oryza sativa* cerea) Bran, Silica



CLEANSE



FORTIFY



BOOST



SUPPORTS  
BONE + MUSCLE  
HEALTH



HELPS MAINTAIN  
JOINT HEALTH



HELPS PROVIDE  
IMMUNE SUPPORT

## TARGETED CALCIUM DELIVERY

There's no two ways about it – without calcium, you can't and won't have strong bones. This key mineral is the most abundant mineral in the human body and is critical to help build and maintain strong and healthy bones throughout your life. The calcium in Magnical-D also helps with neurotransmissions and normal muscle function while vitamin D3 helps with calcium absorption.

## FULL-BODY FORTIFICATION

Magnesium is calcium's equal when taking a daily calcium supplement. The two should be taken in a one-to-one ratio, as without enough magnesium, your muscles may involuntarily contract, causing cramps or spasms. In addition to providing a highly absorbable form of calcium, Magnical-D contains one of the most bioavailable forms of magnesium for an optimal ratio.



GLUTEN  
FREE



NON  
GMO



NO ARTIFICIAL  
FLAVORS OR  
COLORS



VEGETARIAN  
CAPSULE



## Ultimate Absorption

Vitamin K2 works synergistically with calcium and vitamin D, allowing the body to better absorb nutrients and use them for to support healthy bone formation. Think of vitamin K2 as a 'traffic cop' directing nutrients into proper areas of the body, such as your bones and teeth.

## Immune Support

Of all vitamin D's many benefits, perhaps the most vital are regulating the absorption of calcium and phosphorus and facilitating normal immune system function. Vitamin D3 is also important because it contributes to the maintenance of healthy bones and teeth.

## Revised to Revive

We are always looking to improve our science, innovate and ensure the highest quality worldwide, which is why we revised Magnical-D's formula. Not only are you getting key vitamins and minerals to support bone and muscle health, but now we've added new key ingredients – turmeric and ginger – to support joint health, too! Not only that, but newly added Maitake and Cordyceps mushrooms provide a potent blend of vitamins and nutrients while sunflower lecithin helps with the absorption of turmeric and ginger.

## KEY BENEFITS:

- Supports bone + muscles health
- Helps maintain joint health
- Provides immune system support

## THE ACTIVES:

- Calcium
- Magnesium
- Vitamin K2
- Vitamin D3
- Turmeric
- Ginger
- Acerola Cherry (a Source of Vitamin C)

## Frequently Asked Questions

### Who should take Magnical-D?

Anyone who wishes to maintain strong and healthy bones and muscles, support their joint health and boost their immunity. Magnical-D delivers bioavailable forms of calcium, magnesium, vitamin D3 for calcium absorption, and vitamin K2 for nutrient absorption.

### Can children take Magnical-D?

The nutritional needs of children are different than those of adults, so we recommend that kids taking Nutrifii Kids™ Chewable Multivitamins. Nutrifii Kids contains vitamins, minerals and phytonutrients in the correct ratios to support their optimal nutritional needs.

### Should I avoid any food or medication when taking Magnical-D?

If pregnant, nursing or have a medical condition, consult a physician before using this product.

### What parts of the body does Magnical-D help support?

Magnical-D is formulated to help support bone, muscle and joint health.

### What are the key ingredients in Magnical-D?

Magnical-D features a strengthening blend of calcium (as calcium citrate), vitamin D3 (as cholecalciferol), vitamin K2 (as menaquinone MK-7) and magnesium (as magnesium amino acid chelate). Magnical-D also features turmeric and ginger.

### How often should I take Magnical-D?

You should take four capsules per day, preferably with meals.

### Is the Magnical-D capsule made of gelatin?

No, the Magnical-D capsule is now vegetable-based.

### Why does Magnical-D have a yellowish orange tinge?

Magnical-D has a yellowish-orange specks because it now contains turmeric and ginger.

### Why do calcium magnesium supplements on the market usually have lower amounts of magnesium, but Magnical-D has a 1:1 ratio?

Calcium needs to be supplemented with magnesium at a 1:1 ratio. Ensuring the correct ratios are consumed is important because calcium and magnesium belong to the same family of elements, so they can compete with each other for absorption. In the kidneys, the calcium receptors can inhibit reabsorption of magnesium and any excess will be excreted. It is also critical that the calcium and magnesium in your supplement are highly absorbable. Therefore, you need to avoid calcium and magnesium supplements that contain the poorly absorbed calcium carbonate and magnesium oxide. Magnical-D also contains 50 mcg (2000 IU) of vitamin D3, which is important to begin absorbing calcium. Further, Magnical-D contains vitamin K2 that allows the calcium to be deposited into the bone and blocks it from being deposited into your arteries. Unfortunately, vitamin K1 does not accomplish this key goal.

### How is calcium citrate different from other types of calcium?

The Magnical-D formula includes calcium citrate instead of calcium carbonate, which is poorly absorbed in the body.