



Educational material courtesy of the International Testing Agency. In the spirit of collaboration, if an ADO decides to translate this resource, the ITA would greatly appreciate receiving a copy of the content: [education@ita.sport](mailto:education@ita.sport).

# OUT-OF- COMPETITION TESTING

TESTING POOLS

WHEREABOUTS

ADAMS & ATHLETE CENTRAL



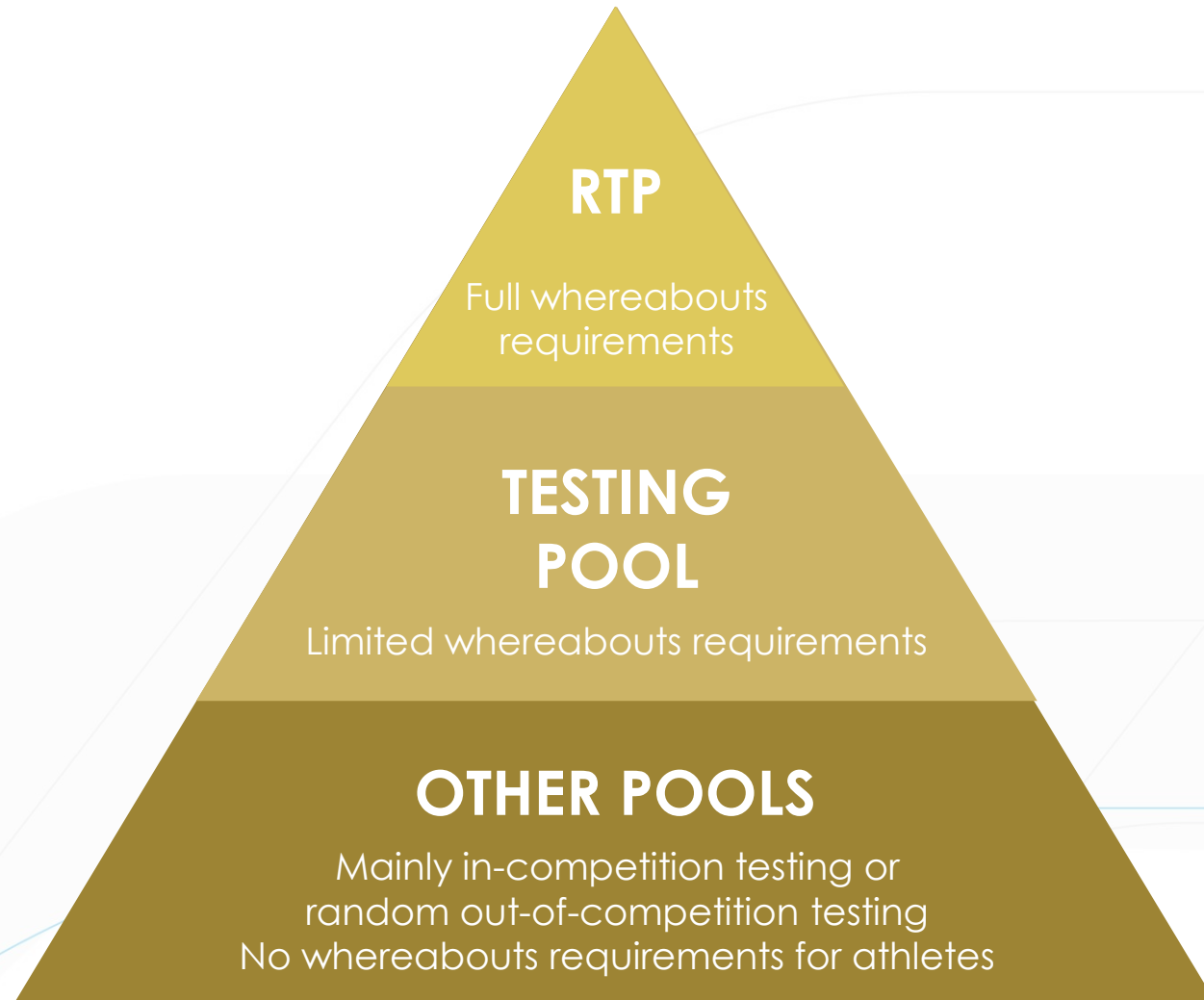
# OBJECTIVES OF THIS PRESENTATION

- The audience understands the different types of testing pools
- The audience understands the contents of the Letter of Inclusion
- The audience understands the Whereabouts requirements
- The audience knows how to use ADAMS and Athlete Central
- The audience is aware of the consequences of not complying with whereabouts requirements
- The audience know where to go or whom to ask if they have any questions



# REGISTERED TESTING POOLS & TESTING POOLS

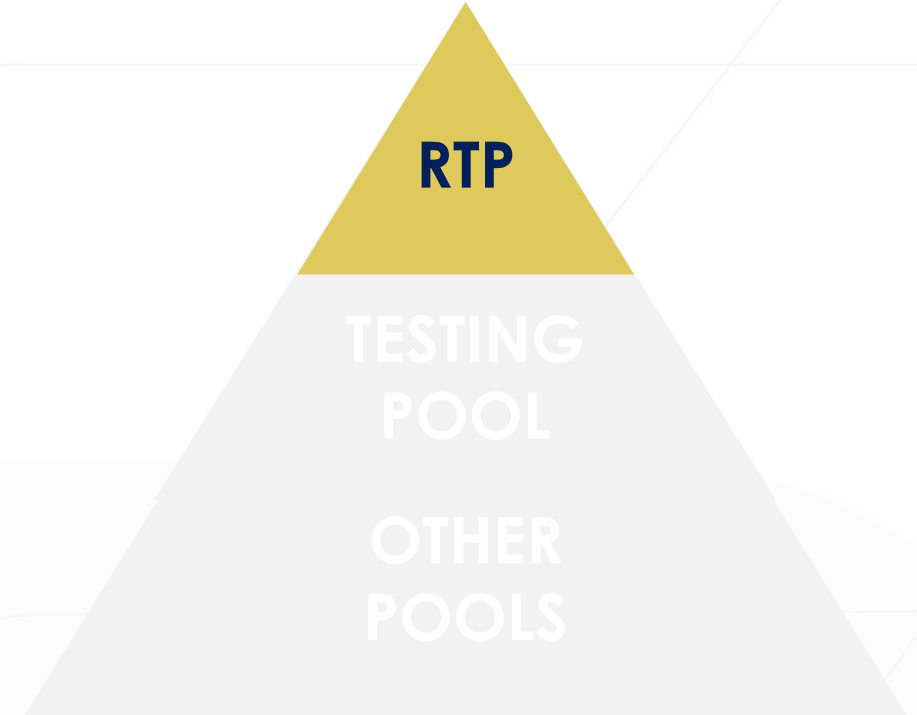
# TESTING POOLS





# REGISTERED TESTING POOL (RTP)

A pool of top-performance athletes selected by International Federations, National Federations and National Anti-Doping Organisations based on various criteria. These athletes are subject to strict whereabouts requirements with clear consequences and sanctions in case of non-compliance.



# TESTING POOL (TP)

Athletes included in a Testing Pool are also required to provide Whereabouts information to their Anti-Doping Organisation. However, the list of the TP whereabouts requirements is shorter and the consequences for non-compliance are less severe.



# OTHER POOLS

Whereabouts requirements applied to athletes included in other pools are minimal and depend on the amount of information an Anti-Doping Organisation needs to occasionally locate the athletes included in this pool. Often, such whereabouts information is provided by the third parties like the National Federation or Team Managers.





# INTRODUCTION TO WHEREABOUTS

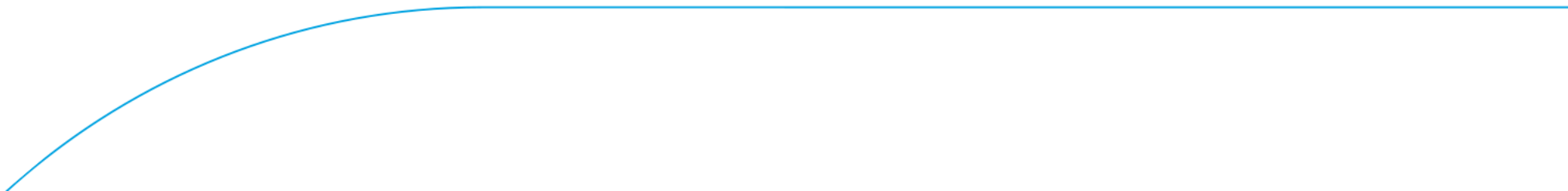


# WHAT ARE WHEREABOUTS?

- ✓ Whereabouts are information provided by a limited number of top elite athletes about their location
- ✓ Information is provided in the form of quarterly filings as per the requirements of the Anti-Doping Organisation requesting the information
- ✓ Whereabouts information is uploaded onto a secure platform and can only be accessed by the authorised person acting on behalf of the Anti-Doping Organisations with authority to conduct the OOC Testing



# WHAT ARE WHEREABOUTS?

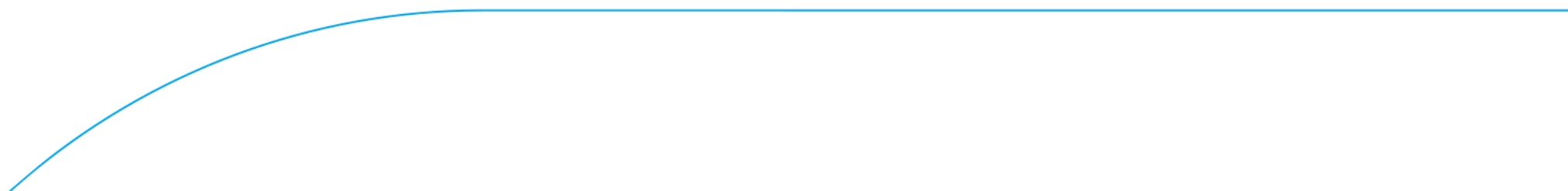
- ✓ Each Anti-Doping Organisation shall implement an effective and intelligent Anti-Doping Program on athletes over whom it has authority to conduct testing
  - ✓ Whereabouts information is a key tool that enables Anti-Doping Organisations to locate athletes without advance notice
  - ✓ The amount of whereabouts information requested depends on the Risk Assessment and the Test Distribution Plan
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# WHAT ARE WHEREABOUTS?

- ✓ Athletes can be included in more than one testing pool and can be tested by different Anti-Doping Organisations (i.e., National Anti-Doping Organisation, International Federation or a Major Event Organiser). However, athletes only need to submit Whereabouts information to one organisation.
- ✓ Athletes can, however, be tested by either organisation

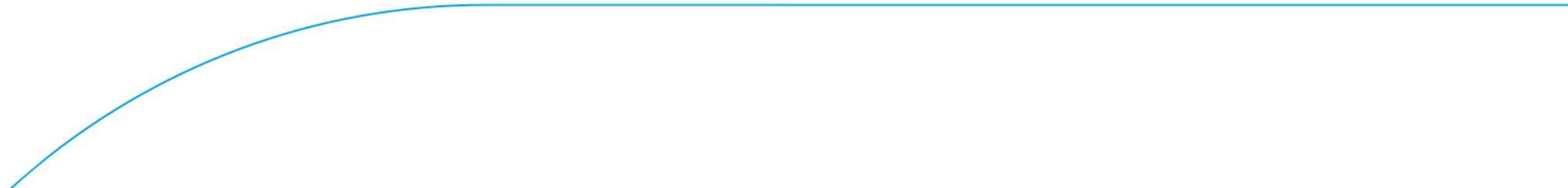


# WHEREABOUTS REQUIREMENTS FOR THE REGISTERED TESTING POOL

- ✓ Mailing address and phone number
  - ✓ Overnight accommodation
  - ✓ 60-minute time slot for every day
  - ✓ Training and regular activities
  - ✓ Competition schedule
  - ✓ Travel information
  - ✓ Additional information
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# RTP WHEREABOUTS REQUIREMENTS

- ✓ Anti-Doping Organisations have the right to notify the athlete of a Doping Control both inside and outside the 60-minute slot
- ✓ If an RTP athlete cannot be located during the 60-minute time slot specified in their Whereabouts information, the Anti-Doping Organisation may consider it as an Apparent Missed Test



# INCLUSION IN A TESTING POOL

## Letter of Inclusion

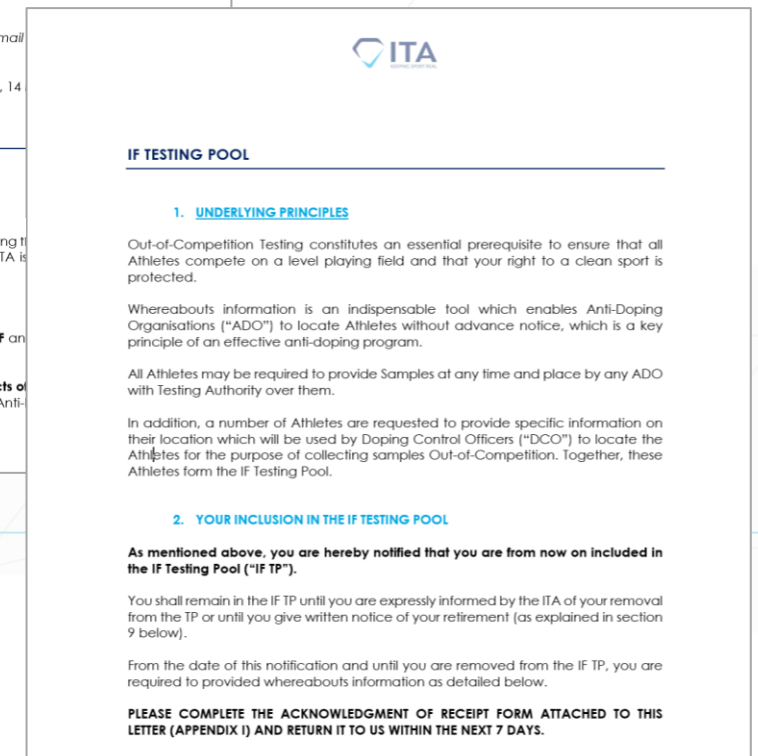
- ✓ The letter includes an overview of the essential aspects of RTP/TP athlete obligations as set out by the IF/NADO Anti-Doping Rules and the World Anti-Doping Code
- ✓ Each athlete is required to acknowledge their inclusion by returning an Acknowledgement Form to the ADO



# INCLUSION IN A TESTING POOL



- ✓ Purpose of the inclusion
- ✓ Whereabouts requirements
- ✓ Quarterly deadlines
- ✓ Sanctions for non-compliance
- ✓ How to submit whereabouts



# RETIREMENT AND RETURN TO COMPETITION

- ✓ Included athletes remain in the RTP until they are informed by the ADO of their removal from the pool or until they give a written notice of retirement
- ✓ If an athlete would like to retire from competition, they must inform the ADO in writing by signing the official Retirement Form

# RETIREMENT AND RETURN TO COMPETITION

- ✓ Athletes who wish to return to competition must inform their anti-doping organisation and provide a six-month written notice
- ✓ Athletes excluded from the Testing Pool will receive a Letter of Exclusion from their ADO
- ✓ Athletes can remain included in another ADO Testing Pool (i.e., of a NADO) and should continue to comply with the requirements of that organisation



# WHEREABOUTS SUBMISSIONS

# WHEREABOUTS SUBMISSION DEADLINES

Athletes are required to file a three-month schedule before the start of each quarter. More precisely, the deadline to submit whereabouts filings is the 15th of the month prior to the start of the new quarter.

| Yearly Quarters             | Submission Deadlines |
|-----------------------------|----------------------|
| Q1: 1 January - 31 March    | 15th December        |
| Q2: 1 April - 30 June       | 15th March           |
| Q3: 1 July - 30 September   | 15th June            |
| Q4: 1 October - 31 December | 15th September       |

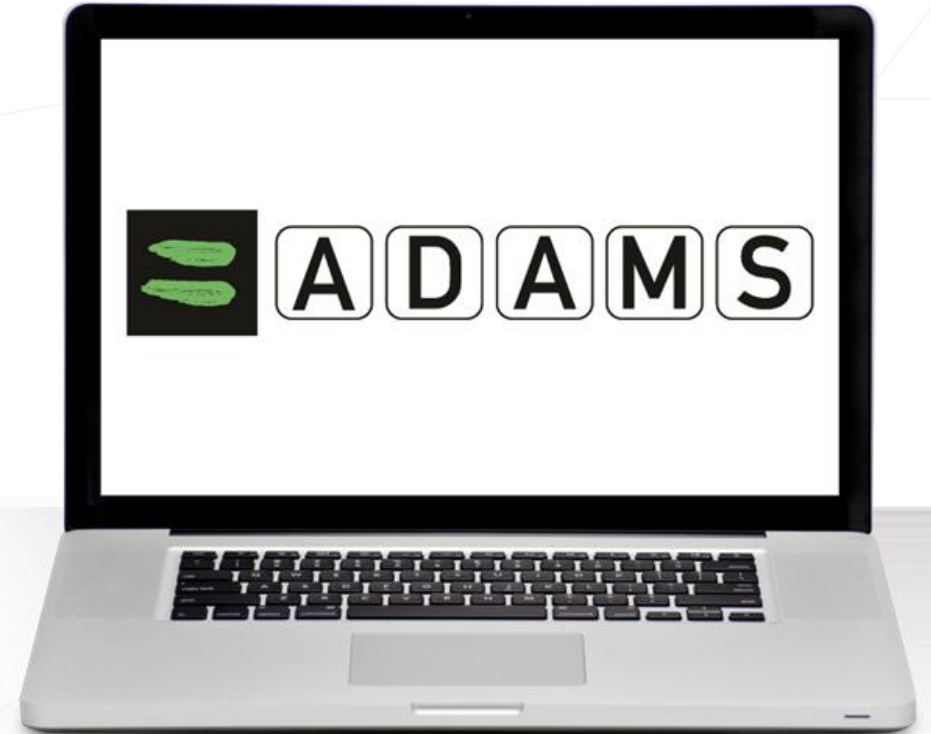


# ADAMS & ATHLETE CENTRAL



# ADAMS

The [Anti-Doping Administration and Management System \(ADAMS\)](#) is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.



# ATHLETE CENTRAL

- ✓ WADA's mobile application which allows athletes to easily submit and update Whereabouts information using a mobile device
- ✓ User-friendly and available in many languages
- ✓ Athletes are encouraged to download and use the application regularly



# MISSED TESTS AND FILING FAILURES

# CONSEQUENCES



Submitting late, inaccurate or incomplete whereabouts information that leads to an athlete being unavailable for testing may result in a **Filing Failure**



An athlete may receive a **Missed Test** if he/she is not available for testing during a 60-minute timeslot



Three **Whereabouts Failures** (any combination of a Filing Failure and a Missed Test) occurring in a 12-month period will lead to an Anti-Doping Rule Violation and a potential two-year ban from sport



In case a member of the athlete's support team is helping the athlete submit their Whereabouts information, the **athlete remains responsible** for the information submitted!

# ANTI-DOPING RULE VIOLATIONS

1. Presence of a prohibited substance in athlete's sample
2. Use or attempted use of a prohibited substance or method
3. Evading, refusing or failing to submit to sample collection
4. Failure to file athlete whereabouts information & missed tests
5. Tampering with any part of the doping control process or during Results Management
6. Possession of a prohibited substance or method
7. Trafficking a prohibited substance or method
8. Administering or attempting to administer a prohibited substance or method
9. Complicity or attempted complicity in an ADRV
10. Prohibited association with sanctioned Athlete Support Personnel
11. Acts by an athlete or other person to discourage or retaliate against reporting to authorities

# CONSEQUENCES

## REGISTERED TESTING POOL:

- ✓ Filing Failure
- ✓ Missed Test
- ✓ Whereabouts Failure

## TESTING POOL & OTHER POOLS:

- ✓ Athlete may be moved to the Registered Testing Pool
- ✓ Other consequences may apply



# USEFUL TIPS



Enable Athlete Central notifications



Set a reminder in your calendar/agenda of the key dates/deadlines to submit your quarterly Whereabouts information



Set an alarm for the start of your 60-minute time slot so you can make sure you are where you say you are



Be specific and detailed when submitting your Whereabouts information



Regularly check and update your contact information



When in doubt, ask for help!

# WHOM TO CONTACT WHEN



## Contact your IF or your NADO if:

- ✓ You forget your ADAMS username
- ✓ Your account is under "permanent lock" because you entered an incorrect username and password combination at least 9 times in a row

## Contact the ADAMS help desk if:

- ✓ You encounter technical difficulties such as an error on the ADAMS system

[adams@wada-ama.org](mailto:adams@wada-ama.org)

**1(866) 922-3267** (within North America)

**+1 (514) 904-8800** (outside of North America)

Monday – Friday, 9AM – 5pm EST